

# The Medium

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## Lifter breaks Canadian record at NACACI

by Matt Murray

On Saturday August 26th, Erindale College's athletic department hosted the 1995 North American, Central American and Caribbean Islands Weightlifting Championships for Women.

Athletes from Canada, the United States, Columbia and Guatemala attended, including two-time Colombian World Champion Marie Urrutia.

Other notable participants were Canada's Nancy Niro and dual-sport athlete Theresa Brick, fresh from last month's impressive gold medal performance in the Hammer Throw and a silver medal in the Discus at the Canadian Track and Field Championships.

The Americans brought their large contingent, consisting of more than seven lifters. Conspicuous by her absence was Robyn Byrd, the World Champion in the 59kg class. Nevertheless the day belonged to the Canadians.

Nancy Niro of Montreal came to the competition with one thing on her mind: to break the Canadian record. Niro made it seem easy. She snatched 85kg (187 lbs) and then went on to clean and jerk 105kg (231 lbs) for a combined total of 190kg (418 lbs) or three times her own body weight. This combined total broke her personal best of 102.5 kg, and also broke the Canadian record.

Niro's performance inspired the other Canadian lifters, and challenged everyone else. The challenge did not go unanswered as Canadian lifters such as Julie Malenfant, a 22 year old who looks more like a runway model than a powerful weight lifter, broke her personal best in the clean and jerk on her way to beating out fellow Canadian Isabelle Delisle for the gold.

Unfortunately not every Canadian had a record breaking day. Theresa Brick, who is ranked fifth in the world in her weight class, showed signs of

fatigue as her second snatch attempt proved disastrous.

As she went to lift the 90kg weight directly over her head, she lost her balance. This caused the weight to fall forward, bounce off the platform onto the gym floor and knock over a judge's table. Luckily nobody got hurt and the floor was left with no noticeable damage.

The medals were not exclusively handed out to Canadians though. Sibby Flowers of the United States was very impressive in her 46kg weight class, and won the gold medal in the snatch, clean and jerk, as well as the total weight lifted.

The most exciting performance, aside from Theresa Brick's runaway weights, was when 29 year old Marie Urrutia who is in the 83kg weight class went for the World Record in

the clean and jerk. The world record of 132.5kg (295 lbs) was held remarkably enough by Urrutia. She attempted to lift 133kg, which she claims to have done in practice.

Urrutia managed to clean the lift successfully and, although at her shoulders wavered, she maintained control. The crowd fell silent as Urrutia jerked the weight over her head, but her grunts of effort were to no avail; Urrutia could not hold the weight.

For those of you not familiar with the terms of weight lifting I shall give you a quick lesson. There are two types of lifts: the 'snatch' and the 'clean and jerk.'

The 'snatch' involves one fluid motion where the bar is swung from the floor to above the weigh lifters head.

"Canadians" cont'd pg 2



Julie Malenfant accepts the gold after cleaning up the competition at the NACACI Weightlifting Championships

photo by Jamie Tyndall

## ECSU secures positive future for Blind Duck Pub

by Robert Scriban

The Blind Duck Pub is set to begin the 1995/96 year with a new manager and new management. Maxine Dawkins has been hired to take the reigns of our beleaguered campus bar and whip it into shape. Dawkins has over 20 years of experience in the service industry and boasts extensive managerial skills.

Dawkin's appointment comes after a year of uncertainty concerning the future of both the management and control of the pub, and bodes well for the future of Erindale's night life.

The Blind Duck Pub has existed in one form or another since the creation of Erindale Campus, and has resided at its current location for the past twenty years. The pub has always been a source of revelry and enjoyment for the student body; however, for the past three years, the pub has been a point of contention in the ever-evolving relationship between the student leadership and administration.

The questions of control and ownership have proved to be detrimental to the image and performance of the bar, as students found themselves without service for almost four weeks at the outset of the 1994-95 academic year.

1994-95 was the first year that the loosely organized Pub Management Board (PMB) met on a regular basis (more than once a year). The PMB consisted of three ECSU delegates, two Principal's delegates, and one member of the downtown based Campus Beverage Services (CBS).

The PMB decide everything from renovations to actual con-

trol of the pub, yet none of these decisions were binding or final.

The PMB is an advisory council and exists at the discretion of administration and student council. Last year on January 18th, the board suspended ECSU's day-to-day management, based on an

measures to turn things around.

First, the PMB has been officially dissolved in order to reconstitute as a more inclusive management board. The new board will (tentatively) consist of three ECSU representatives, one residence co-mayor, and a representative of the Erindale Part-Time Union of Students

makes for a 'tighter-run' ship.

Third, Maxine Dawkins has been appointed as new manager of the Blind Duck Pub. This is definitely a step in a new, positive direction. Panou hopes this year's changes will create a "fresh start" for the pub. He believes that Dawkins is "a keener, and I like keeners."

Dawkins began her stint as manager with a running start on the 21st of August. Her first day involved cleaning up behind the bar and trying to make sense of the DeeJay's booth. Neither is an easy task, as Dawkins quickly found out.

Dawkins is unfamiliar with the full history of the pub. Most importantly, Dawkins wants to succeed at getting students interested in coming to the pub on a regular basis. One change this year that directly affects Dawkins is the new, lean pipeline of pub control and management that ECSU intends to stick to.

Dawkins answers only to

Panou and Jose Colucci, V.P. Finance of ECSU, and therefore has the voice of the students in her ear. It will take some work, but the first step has been taken to give the Blind Duck back to the students.

Even better, Dawkins states that in her experience in the industry, "suits and ties were not as easy to get along with, or as fun to work with as students." What could be better than a pub manager who likes students more than she likes bankers and accountants? We may not have as much money, but we know how to carry a conversation and party like there's no tomorrow.

But remember, every party can get out of hand even when the venue is managed by the best. Its up to us to be cool. Either way, the 1995 winter session has not even begun, but it looks like the pub is ready to provide the students the fun that they have been looking waiting for.



New Pub manager Maxine Dawkins contemplating the winter party session

photo by Robert Scriban

unannounced audit by the Campus Beverage Services, and CBS immediately took over citing problems with 'inventory control' and management.

Nick Panou, now ECSU president, and then V.P. Finance, was ECSU's Pub liaison, and claims that ECSU "never lost control of the pub." Hugh Carson, a CBS representative, was assigned interim pub manager after Tony Polera was 'let go' from the position for assaulting a staff member.

This year, Panou and the administration are working hard to resolve these problems, and have come up with a few

(EPUS). From administration', there will be four delegates of the Principal (faculty, administration, conference co-ordination, and one open choice) and the liquor license holder.

Second, the liquor license is in the process of being transferred from Janice Oliver, V.P. Student Affairs on the St. George Campus, to Erindale's new Principal Robert McNutt. According to Panou, McNutt is very student oriented and willing to keep students as the main objective in the day to day management of the pub. The transfer of the liquor license bodes well for Erindale-oriented decision making, and

## SAC initiates scholarship fund Accessibility forecast for spring

by Yvette Tetrault

This is the first year for the SAC Scholarship Fund, which was initiated by Alex Vaccari, SAC's External Commissioner. During the SAC elections, Alex promised to create this fund in order to deal with the "problems students face with balancing academics and extracurricular activities."

Specifically, the fund will target students who have excelled academically coupled with extracurricular participation.

It is important to note that

this fund is self-sufficient and does not require financial support from students. The funding base or pool of money is established by corporate sponsors and the surrounding communities.

The fund will hopefully be accessible by January or February 1996. The funding base will also be maintained; therefore, next year SAC will have a reserve of money to build on.

If you require additional information about this fund, contact Alex Vaccari directly by visiting SAC headquarters.

### The Insider

- Incestuous siblings' love folly : Arts, page 9
- Rookie rower strokes in the Cox Box : Sports, page 11
- Kraft dinner safety tips: Features, page 7

#### Quote of the week:

God, we should have been writing them down, there was enough of them.

--E-I-C

# NEWS

## U of T's Safety Officer position under review

by Marianne Fonseca

Susan Addario, the University of Toronto's Safety Officer at the downtown campus, will leave her position to work in the student affairs office on September 18. Instead of replacing her, university administration has seriously considered the termination of the position of the Safety Officer.

Addario took on the role of the Safety Officer in April of 1990. Since then, she has been doing various vital tasks to ensure the safety of the students and faculty at the University. For the most part, Addario has been an advisor and a consultant in the many aspects of safety in and around the campuses.

At Erindale, Addario assists with the safety audit, an inspection of the physical environment of the campus inside and outside for any safety hazards and requirements, and makes recommendations when she sees a need to make improve safety on the campus. For example, there was a need for lights and phones in isolated areas which were often ignored, so that these places would be safer after dark.

She also advises the Personal Safety Committee of students

and faculty chaired by Peter Baxter, on safety issues around the campus. Every year she has organized a self-defense class, as well as other educational programs for students to learn how to stay safe and independent.

Last year Addario organized a debate among the students on the issue of ball hockey and

whether or not it encourages violence among students.

She has contributed to the development of the Code of Student Conduct as it relates to safety, and offers counseling on safety issues to make people more aware. Additionally, Addario was responsible for the production of safety pamphlets that came out of her office.

Because she has accomplished so much in the last five years, some might wonder what will happen now that there is a good chance that the University of Toronto will eliminate the position of Safety Officer on campus. Will safety at the university end up taking a back seat? According to Addario, things will remain almost the

same. She states, "I believe that the university's commitment to ensure that people will be safe on campus will remain unchanged."

There is still an active advisory committee which will continue to look out for the safety of their colleagues, although the luxury of having one person with an office to deal with all

of the safety issues that are faced on campus will surely be missed. Of course, its really up to the students to help make the campus safe. As long as the interest remains, and everyone continues to work together to ensure safety on campus, the University of Toronto should remain a safe place to live and learn.

## Canadians shine in Erindale gymnasium

continued from cover

The 'clean and jerk', on the other hand, has two parts. The first, being the clean, involves a similar motion to the snatch, however, the lifter only brings the bar to their shoulder. Once there, the bar is jerked over the lifters head and held for several seconds.

This may sound easy enough, but there is much more to weight-lifting than that. Once above your head, you must display your control and stability of the bar, and you must do it in a few seconds. If your feet move or your arms sway, the judges will turn your lift down. The judges can also turn down a lift if your technique is wrong or if your arm is turned the wrong way.

There are three judges. If two turn your lift down, you will not get credit for the lift. As you can see, lifting is more than just lifting heavy weights above your head.

Yet, the only athletes that truly had trouble with the judges were the Guatemalans, who subsequently did not do

too well. It was obvious that they lacked the experience that is definitely necessary to obtain the skill that this sport requires.

Participants in this event ranged in age, race, skill level, and nationality. The world class lifters shared a common bond: the desire to compete in a sport that has unfortunately remained in relative obscurity.

Hosting this event was a major step towards bringing Erindale College both respect and prominence from a sport that is not very popular in main stream sports. Yet weight lifting is the basis for almost all sports.

As weightlifting has received more exposure, greater awareness of the need for people to incorporate weight training in their everyday life has brought about a change in our culture's lifestyle.

Nowadays weightlifting is not just about big people lifting big weights; its about becoming your personal best by training your body with steel, and your mind with discipline. That's why the champions came to Erindale.



World champion Marla Urrutia attempts to break her own world record.

photo by Jamie Tyndall

## Registrars extends, ECSU shrinks, raccoon recovers, and child chills

### ERINDALE CAMPUS POLICE REPORT

#### BITS N' STUFF

Ki-Yoon Lee, Sponsorship and Promotions Director for the Erindale College Student Union has resigned his post. Nick Panou, President of ECSU, says the resignation was of a professional nature and is looking to fill the position with an election to be announced. Lee is out of town and could not be reached for comment.

The Registrar's Office has announced a new Course Drop fee's schedule that extends the drop period from four to six weeks. Instead of last year's fifty percent refund after two weeks and none after four, this year the schedule will include a seventy-five percent refund after two weeks and fifty percent after six.

Plans for a 'Spirit Committee' are in the works, which aims to motivate Erindale students to actively partici-

pate in supporting University of Toronto varsity athletics. Omar Alikhan and Diane Wojna, ECSU executives, are spearheading the project in hopes of creating a 'Blue' pride on campus. If you want to show your pride in the big blue, just go to the ECSU spirit room and volunteer.

under investigation.

Aug. 4, 11:45 PM: Female in phase III residence called to report that someone was trying to gain access to her house. When officers attended they found no one in the area.

## Natty News Bits Erindale Issues

### PROPERTY CRIME

July 28, 8:30 PM: An insecure door was found at the Principal's house. The house and surrounding are were checked by officers, and all seemed to be in order.

Aug. 3, 12:00 PM: Report of money stolen from a desk in an office in the South Building. The incident is still

Aug. 14, 8:20 PM: Minor flooding in the North Building. One classroom and a hallway are flooded after a major thunderstorm. Campus Police notified, and flood cleaned up.

### CRIMES AGAINST PERSONS

Aug. 16, 7:20 PM: A female reported suspicious circumstances involving two males. The two males approached three children playing near the Phase

V playground. When approached by the female, the two males fled the scene. The campus police checked the grounds for the suspects and found nothing. The Peel regional police were notified and an official report was filed.

### MISCELLANEOUS

July 24, 8:20 am: Report of a sick raccoon near the Kaneff Building. Mississauga Animal Control was notified and an officer attended. Raccoon is reportedly in good condition.

July 27, 9:33 PM: Complaint from Phase V residence of fireworks being set off in parking lot #4 extension. When officers arrived, no one was found on the scene.

July 28, 12:10 am: Noise complaint from Phase V residence. Source unknown, and when officers attended, there were no further disturbances.

July 30, 12:35 am: Noise complaint

from Phase V residence concerning party in Phase IV. Officers notified and Summer Superintendent notified.

July 30, 2:20 am: A second noise complaint from Phase V residence concerning same Phase IV party. Officer attended and shut the party down.

Aug. 10, 9:30 am: A young girl with the summer Athletics Sports Camp slipped and fell while running outside the front of the South Building. The girl broke her left ankle and was transported to the hospital by Mississauga Ambulance.

Aug. 10, 4:00 PM: Report of female who locked her two and a half year old in her car. The vehicle was left running with the air conditioning on. After 15 minutes, the child woke up and opened the car door.

Aug. 20, 2:30 PM: A male football player with a dislocated right knee was transported to the hospital by ambulance after a really nasty tackle.

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# Physical plant repairs, rebuilds, and repaints

by Mary Sabatino

This summer, Erindale campus has embarked upon several construction projects set to benefit the student community at large.

These projects will solidify the already immaculate record of structural safety on the campus, and also provide new homes for vital

services.

In addition to contracting out work for Radio Erindale's brand new facility in the Crossroads Building which will be completed and ready for service by the grand opening date of September 21st.

Sol Kessler, Physical Plant services manager, has been busy supervising the construction of the

sociology department's new computer and teaching laboratories.

The lab, located in the South Building opposite to Health Services, is in the process of being built and has been jointly funded by the university and the sociology department.

The new area will include a computer laboratory with an adjacent printing room.

Additionally, there will be a teaching laboratory complete with tutorial room and a case room with an observation area for the study and research on victims of crime.

A new faculty area will be constructed for the individuals who control the new sociology labs. This involves the addition of one faculty office and one director's office to the existing offices.

This new arrangement will accommodate four faculty members, one being a director. In addition to this department's new installment, all washrooms in the sociology wing have been repainted for posterity throughout the summer months and the alumni lounge has also been upgraded.

Throughout the summer, additional work has been done to the roof of the South Building in order to ensure the insulate environment and stop messy leaks from

dampening the spirits of hard working students, staff, and administration.

Unfortunately, one worker was badly injured during roof reconstruction, but he has since been nurtured back to health.

The most recent spate of construction has seen the inside walking path that connects the South Building to the rest of the campus repaved.

Several new walkways have been added throughout the campus in order to connect the residences to the main academic centers.

"It's great that this campus is still looking to improve its older buildings, as well as building new ones for the students," says Erindale student Ted Young.

With these exciting new changes and improvements incorporated on our campus, Erindale is sure to continue accommodating its student body with up to date services as well as attracting new students.



Construction continues in the new sociology department lab center, making room for all the expected new students  
photo by Katie Lake

## SAC wired to community cable Vaccari's vicarious election promise a wrap

by Yvette Tetrauli

The University of Toronto is now being launched onto television through the election mandate of SAC's External Commissioner, Alex Vaccari. During the SAC elections, Alex promised to create a show for students, which would be written, produced, and hosted by students.

Vaccari, together with SAC Research and Liaison Officer, Terri Lasko-Nikolaevsky, intend to create a round table discussion, which would incorporate the University of Toronto and the surrounding community. According to Vaccari, the show would take a "proactive approach to extending information to the community" through the open debate of issues.

The show will initially be hosted by Vaccari, who will lead the discussion between students and guests from the community.

The show will concentrate on political student issues concerning education. Primarily the show will address accessibility, affordability, deregulation of tuition fees, resource allocation, and the Income Contingency Loan Repayment Plan (ICLRP). Hopefully, the show will reach

high school students and serve to inform them before they enter the system.

U of T TV will be created at the Parkdale/Trinity Rogers Cable with the help of Executive Producer Manny Floriano. The show will air either at the end of September or the beginning of October.

There will definitely be four shows with the chance of two additional ones, depending on the response garnered by the first set. The time slot and duration of UofT TV have not been established as of yet, so stay tuned. SAC is also now making arrangements to include the Mississauga community by airing the show on Cable 10 Mississauga.

Attention! This is a student show about student issues, created by students. Therefore, the ART/History department will be creating the backdrop for the show. Participation in the show is open to all in the university community.

If you want to get involved, all you have to do is submit a letter of intent directly to SAC. Rogers Cable, through SAC, will train individuals who are interested in aspects of television production. If you are interested, contact Alex Vaccari at SAC headquarters.

### MEDIUM ELECTION NOTICE

**The Medium will be holding a by-election for the News Editor position. Nominations open on Tuesday, September 6, 1995.**

Qualified applicants can pick-up nomination forms in our office after Thursday, September 8. Nominations close at 5p.m. on Tuesday, September 20. The candidates forum will be held on Wednesday, September, 21. The election will take place Friday, September, 23.

### MEDIUM ELECTION NOTICE

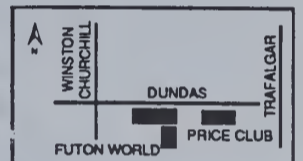
#### Board of Directors

Nominations are opening Tuesday, September 6, 1995 for a vacancy on the Board of Directors of Medium II Publications. Any full-time student may be nominated. Candidates must not be members of ECSU, SAC or ECARA. Election packages and a nomination sheet will be available in our office after Thursday, September 8, 1995. Nominations close in three weeks. All full-time students are eligible to vote in the Board of Directors election.

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# EDITORIAL

## The Medium



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The Medium is published weekly by Medium II Publications, a non-profit, incorporated student organization. Membership includes all full-time students registered at Erindale College. The opinions expressed within are those of the writers and editors and do not necessarily reflect those of Medium II Publications. All letters and formal complaints regarding the editorial practices of The Medium should be addressed to the Editor-in-Chief, The Medium, 3159 Mississauga Rd., Crossroads Building, Room F18, Mississauga, ON, L5L 1C6.  
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Ad copy must be received the Tuesday prior to publication. All editorial copy must be received Friday at noon prior to publication. National advertising provided exclusively by Campus Network. Please forward all advertising enquiries to Mike Brown at (905) 878-5379.



## Ch-ch-ch-changes

The summer of 1995 has seen much change.

Ontario elected a Conservative government, one determined to set social policy back to the last century. The federal government took steps toward privatizing the student loan system. Accessibility and diversity are sure to suffer. Disney gobbled up ABC. Corporate media concentration increased as did its power and influence. As a result the diversity of voices diminishes further. The price of Erindale's parking permits rose yet again. However, not all changes this summer were negative in nature.

Our Editorial Board choose to change the direction of the paper as well as voting for a name change. The reasons for the changes were manifold. The foremost reason for the name change was our anguish about fielding endless queries about the meaning of the previous moniker: "What does *medium II* mean?", "Medium too?", "Medium eleven?". Also our frustration with the ubiquitous "If you're the *medium II* who is medium 1?". And, finally, the inherent irony in striving to be the best when your masthead proclaims that you will forever be number two. Insecurity results.

Well, much like the Easter Bunny and the social safety net, *forever* is just a myth. But, the name change was just the beginning.

Last year's Editor initiated change by starting to bring the management of the publication up to par with our incorporated status. This year the Editor-in-chief, the Business Manager and the Editorial Board are determined to reverse damage caused by years of managerial irresponsibility, neglect and fiscal mismanagement.

We will manage *The Medium* professionally by reintroducing long dormant but existent guidelines, appraising and rewriting our constitution, and introducing new comprehensive editorial policies and production procedures. The result of these initiatives will be a fiscally responsible, efficient operation focused on producing a quality product.

Let the metamorphosis begin. Gone are the vagaries, misconceptions and insecurities. In their stead you will find a proud, confident newspaper eager to build on the past with a vision toward a prosperous future.

Our new name reflects this. By incorporating the 'medium' part of the old name it displays an awareness and respect for a twenty year tradition. At the same time by prefacing it with the preposition 'The', a bold declaration is made. *The Medium*; the one and only medium an Erindale student will need for information about Erindale College, U of T and the university community. *The Medium*: a clever wordplay on the McLuhanesque mantra "The message is the medium."

Well, maybe not. But, we will endeavour to be Erindale's powerful independent voice, and much more.

Stay tuned.

## Changes two

The campus has seen other positive and progressive changes this summer.

ECSU and the administration reached an agreement over the management of Blind Duck Pub (see cover story). Once again, students may control their own affairs. It is refreshing to see that the administration is comfortable with the ambition and competence of the student union. The agreement goes a long way to rebuilding trust between students and admin.

And another interesting and long overdue development: news that an industrious group of students are working diligently to bring a women's resource centre to Erindale Campus. The centre would offer counselling, information and retreats. Plans also include lectures on sexism, homophobia, women's health issues, and other timely topics affecting everyone.

In these days of pseudo-equality -- women's wages are still only two-thirds of men's -- the opportunity for such a positive, consciousness-raising organization should be embraced at all costs.

We hope that the administration and faculty will play a pivotal role in garnering support for this initiative throughout the Erindale community.

Day 1: Ads overdue. Writer's overdue. Printer repair overdue. Don unable to convert centimetres to inches. Day 2: Crumbs visits. Crumbs pines on Mike's feet. Natalie samples dog's treats thinking they were beer-nuts. Day 3: Louis answers the phone using the forehead smash. We were visited by Piglet. Wayward Pizza delivery man claims the Campus Police don't know where we are located. Piglet yodels to Roxanne. Day 4: Equipment breakdown one. @#%&\*! Inmortal thief steals Katie's purse. Equipment breakdown two. Sunset, sunrise. Day 5: Don dropped by and added creative juice. Thanks Don. Admin shuts down power, without warning! ...and then, it's done. Woohoo. Our last weekend, until Thanksgiving. . . Enjoy Great work rookie! Thanks T.

## LETTERS TO THE EDITOR

Dear Editor

I would like to thank you and your editorial staff for destroying the tradition and integrity of the *medium II* newspaper.

First, by simple convention of your incorporation and bylaws, *the medium II* is not "the medium". I don't recall an announcement to the students to re-incorporate and amend *medium II*'s bylaws to "the medium". This is obviously a flippant attempt at change. It is neither necessary nor is it appreciated. If you recall, Erindale history reads that the "*medium II*" was dubbed so because of the simple fact that Radio Erindale is the first medium or "medium I" and the newspaper, the second medium or "*medium II*".

Traditional layout of newspapers calls for content to be clear and readable. The typeface used should be readable, not read-able. We shouldn't have pull out a magnifying glass in order to be able to read the content. The traditional 12pt Times typeface accomplishes this task extraordinarily well - ask the Toronto Star, The Toronto Sun, The Varsity, etc, etc.

What is especially appalling is the defacing of the Editorial masthead. Not only is it horribly presented but it goes on not to give credit where credit is due (a 6pt typeface does not give credit!).

Yes, I understand that this is your first attempt at compositing the newspaper. The newspaper's design is not bad (it could do a lot better), but the obvious points that I have raised certainly do not do it justice.

With every new year, there is always an attempt at redesigning the paper, adding new sections, implementing new ideas, etc. This does not have to be done by destroying the very fabric of the newspaper. I will not belabor the point, I think it's clear.

Never will I criticize and not offer some solutions, if you and your staff would like some assistance in compositing and layout, I'll be more than happy to offer my services. With regards to the points that I have made, I think I will leave it up to you and your staff to intelligently evaluate my rant.

I wish you luck and I will be paying close attention.

Regards,  
Lloyd Aning.  
(870423240)

Eds. note.

*Some of your assertions are factually incorrect. First, under our constitution a name change needs neither Board of Director, nor, referendum approval. The name of the paper not the corporation has evolved. Secondly, The Varsity uses 9pt font and a quick call to the Toronto Star confirmed our suspicions that they use a 10 pt font. The move to a smaller font enables us to maintain the quantity of content while decreasing the number of pages, thus enabling us to counter the rapidly rising cost of newsprint.*

Dear Medium staff,

It would be a good idea for you to print your location, phone and fax numbers and e-mail address some-

where in the first few pages of your paper, so that people will see how to send you letters to the editor and press release.

Yours sincerely,  
Nigel David Allen

### LETTERS POLICY

*The Medium* accepts all letters. At the discretion of the Editor we will not publish those that incite hatred or violence against an identifiable group or person, those that are clearly racist, homophobic, sexist or libelous. Letters may be edited for brevity and coherence. Priority will be given to timely topics and new writers. Letters should be submitted on disk, by e-mail, or fax.

## Talking Heads

Should the position of Personal Safety Awareness Officer be retained by the U of T? Why?



**George Hurtado**

"Yes. I think the university is a higher place of learning. It should also teach a code of conduct."

**Nancy D'Ettore  
Karina Tufino**

"Yes. Because not everyone has learned about the issues. Some haven't had any knowledge or received any information. The problems still remain; they are facts of life and shouldn't be avoided."



**Ross Murray**

Sure. It is very important; especially for women's rights and stuff like that. It makes people more aware of issues and problems.



# PERSPECTIVES

## For heinous crimes should Canada reinstate capital punishment?

### YES

SAM  
PISANI

Immanuel Kant argued: "...if... he has committed a murder, he must die. In this case, there is no substitute that will satisfy the requirements of legal justice... the last murderer remaining in prison must first be executed so that everyone will duly receive what his actions are worth". With these words, Kant eloquently conveys the feeling shared by many Canadians in their desperate pleas for the return of capital punishment. Recently, similar feelings have been expressed in the Reform Party's calls for a national referendum on the reinstatement of the death penalty.

Critics often wrongly argue that capital punishment lacks effectiveness because it fails to provide an adequate deterrent to violent crime. They cite statistics showing capital punishment having little effect on crime rates. This argument is seriously flawed. In fact, the only factor which counters the effectiveness of capital punishment is *inconsistent administration*.

Commenting upon the recent Susan Smith murder trial in the United States, William F. Buckley rightfully stated that if the state is not willing to utilize the death penalty on a consistent basis, then its effect is deemed impotent. Susan Smith was convicted by a jury of her peers as having strapped her two young sons into a car and then having methodically plunged the vehicle into a lake, killing both children. Yet the most severe of penalties was not used in a state which possesses capital punishment. To this extent, Canada must go further than simply reinstating its death penalty. Rather, legislation must secure an absolutely consistent form of its utilization. Simply put, if you are convicted of killing...you must die.

Not only does inconsistent uses of the death penalty draw from its ability to deter violent crime, but it also takes away from true justice. The primary objective of any law in a free and democratic society is the sanctity of the rights of all its citizens, not the least of which is the right to live. By not imposing the death penalty upon convicted murderers, society itself is devaluing the very existence of its citizens. What kind of message is sent to law abiding citizens when the life of an innocent murder victim is not worth the life of a convicted murderer? Critics argue that capital punishment would only create a justice system bent upon having the punishment fit the crime. A common sense response would be that such a justice system would definitely be an improvement to the present system that continuously puts the rights of violent offenders above those of victims and their families.

The Christian Left has attempted to use a moral argument against capital punishment. The Bible is repeatedly misquoted when "Thou shalt not kill" is used by those who cite a theological argument when refuting the death penalty. In translation, the Hebrew word *rasah* is translated to the English word kill. In fact, *rasah* means murder by an intentional, malicious act. Therefore, the Sixth Commandment actually tells us not to murder. When coupling this with other Biblical citations, the Bible's position is clear. In several passages, the Bible clearly comes out on the side of the death penalty when it deals with criminals convicted of premeditated murder. *Leviticus 24:17* states, "And he that killeth any man shall surely be put to death." In addition, *Genesis 9:6* says, "Whoso sheddeth man's blood, by man shall his blood be shed."

Capital punishment is not optional in today's society; it is a requirement. Its role as a deterrent and as a vehicle of justice is well-known. Moral opposition is weak. In fact, a truly moral society can only be achieved with capital punishment entrenched within the judicial system. For the sake of all Canadians, the time for reinstatement is *now*.

*Ologies and Isms* is a weekly forum dedicated to topical discussions on matters political, ideological and philosophical. *Ologies and Isms* will feature a number of writers from a diverse political spectrum. Writers interested in contributing should contact one of the above writers or the Editor.

As our society moves into the 21st century, individuals in every nation around the world must make a strong effort to eliminate all forms of cruel, degrading and unnecessary uses of discipline. The death penalty is certainly one form of punishment that our world does not need.

Probably the strongest argument against capital punishment is that it simply does not deter crime. Studies done in North America and Europe over the past forty years have firmly proven that. Canada, for example, abolished the death penalty for murder in 1976. During that year, the murder rate was 3.1 per 100 000 people. By 1990, almost fifteen years after capital punishment was abolished, our murder rate had decreased to 2.4 per 100 000 people. The situation in Europe has been quite similar. A recent report by the Swiss government stated that "the complete abolition of the death penalty in Switzerland has not resulted in an increase in the number of homicides or in the volume of crimes in general."

### NO

SEAN  
CAIN

It is important to note as well that some evidence suggests that the death penalty actually increases violent crime. Rather than preventing homicide, capital punishment has shown to have a brutalizing affect upon people which in turn perpetuates the level of violence in a particular society. Dr. Louis

West, a renowned professor of psychology at the University of California, agrees totally, "legal extermination of human beings in any society generates a profound tendency among the citizens to accept killing as a solution to human problems."

One of the most overused (and incorrect) arguments in favor of capital punishment is that executing a prisoner would save the government thousands of dollars every year. In fact, using the death penalty on a convict in Canada would cost more to taxpayers because it officially takes a longer period of time in court to punish someone with it. According to Canadian law, a higher level of court would be necessary if the death penalty were to be used against a prisoner. This would make capital punishment far more expensive than simply keeping the same convict in jail for the rest of his or her life. What prisoners need in Canada is not death, but educational studies and meaningful work programs. This would allow them to contribute to society in a way that would not only benefit themselves, but would provide services to the public as well.

Another strong reason to oppose capital punishment is because it is profoundly racist. In the United States, for example, 44 percent of individuals on death row were African or Hispanic. Yet these two racial groups constitute only 16% of the general population. Also, between 1930 and 1975, the majority of rapes were committed by whites. Yet of the 455 people executed for rape during that period, an incredible 90% were black. In totalitarian countries such as China, Egypt and Iran, many of the trials are not done fairly or properly. This leads to the execution of literally thousands of innocent people. In the United States alone, 27 people have been executed who were later found to be completely innocent.

History has truly shown that capital punishment is not the solution to eliminating crime. The best way to go about this is to create a society which is built upon the foundations of compassion, equality and co-operation, and not on the principles of competition, greed and exploitation. The most basic theory in all philosophy is that humans are products of their own environment. If you treat people like animals, they are going to act like animals. And as the great Indian spiritual leader Jaya Narayan once said, "I have absolutely no doubt that civilized treatment of even the deadliest murderer will enhance man's dignity and forge a more humane society."

## OLOGIES & ISMS

## OUT OF THE MARGINS: GAY ISSUES

They don't know we are here. They think we're only downtown in the Church St. ghetto. And they don't know we sit beside them, shake their hands and chat with them. The phobias are unaware that we attend their College.

Gays.

Oh, now phobias don't freak out. Don't be afraid to bend over or anything. Please don't flatter yourselves.

Yes, we're silent. Silent in this satellite hut world. And yes, we feel alone. We haven't got a formal group where we can get together, talk about our situations, and discuss the struggles of being gay. No, we don't have gay night at pub like your 'Thursday's'.

When you're gay at Erindale you think you're the only one. And you wonder if they can tell, if they'll notice. The fear of being discovered here is more frightening than some of the women I see at the club. The opposition to gays at Erindale runs deep.

For those students who are new here, who wonder or are certain they are gay, I urge you to not come out. Not now and not here. For those that know about me, it has taken a long time to learn that trust and respect. How much more personal can one get than to reveal what goes on behind closed doors?

Being gay is a lifestyle. It is not a choice; it is who you are.

It's something you're born with and it won't go away. But, it is not a disease. It is not sick or perverse. It's not about "all we want is sex." It's a preference. I always ask, "How do you know you're straight?" They're certain it's not a phase they're going through. The same applies to us.

What frightens me the most is that this is a university and we're all supposed to be educated. Who teaches diversity and acceptance? From where does the phobia stem? The instinctive narrow-mindedness that pollutes the halls of this college astonishes me. Do you know how it feels to sit in a class and hear gay jokes? Or offensive words like "dyke or fag";? Or stories of those proud of their gay bashing?

Sexuality cuts through colour, religion, economic status and political affiliation. To hear another minority group discriminate gays saddens me. And to be a visible minority as well as gay is even more difficult. These individuals should consider the individuals who face a "double negative" and should encourage them within their community. Being gay is only one part of ourselves. To have other parts of our lives cut off by others further segregates us into a narrower gay community.

Erindale as a whole is anal retentive when ever anything deviates from the mainstream. This monthly column is a fine attempt at opening 'educated' minds. React and respond through retort not righteousness.

The queers are here.

by M. Lazare

Numbers you might want to know:

Go West	105 Lakeshore Rd. E Mississauga	891-6911
The Rose Café	547 Parliament St.	416-928-1495
Tango	7 Gloucester	416-975-8612
Club Colby's	9 St. Joseph	416-961-0777
Woody's	465 Church St.	416-975-8899
519 Church Community Centre		416-392-6874

## Writer's Workshop

Journalistic aspirations? Something to say? A knack for the written word? Become a media hack. Broaden your university experience. Be respected denigrated on campus. Be slandered, unappreciated. Discover new sexual practices. Pad your resumé. Make new friends. And be the subject of studies on sleep deprivation.

**The Medium is holding a writer's workshop on Tuesday, September 19.** The forum will feature a writing and editing seminar and workshops on News, Arts and Sports writing. The forum will run from 5 to 7p.m. All interested students are invited.

For more information come to the office and talk with one of our friendly editors.

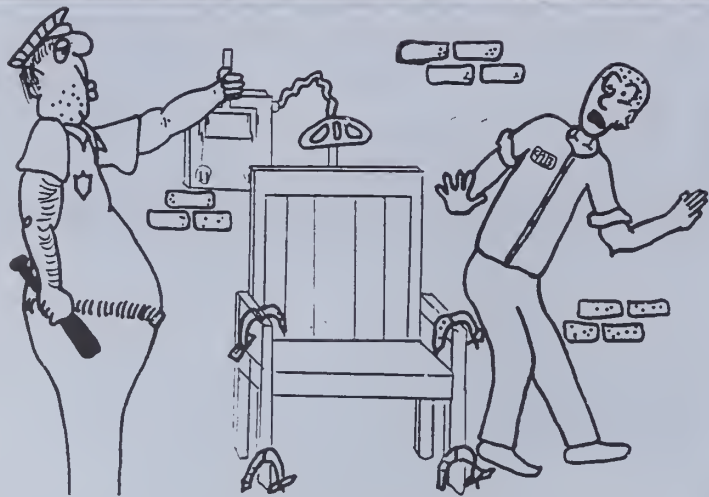
*Out of the Margins* focuses on five prominent social/cultural areas: the environment, gay and lesbian issues, women's issues and educational or human rights issues. These are diverse subjects many of which have traditionally been marginalized by both the mainstream media and the dominant sociopolitical institutions. *Out of the Margins* brings together passionate, intelligent writers who share one common goal — a desire for a more inclusive society.



# Recess



EVER NOTICE THAT WHEN YOU LOSE SOMETHING THE LAST PLACE YOU LOOK IS IN BETWEEN YOUR BUTTCHEEKS?



NOT TOO TIGHT WITH THE BUCKLES I HAVE SENSITIVE SKIN



## The Great Erindale Treasure Hunt

A great treasure is located somewhere on the Erindale Campus and it belongs to whoever finds it. It may be buried, it may be suspended from a tree, it may be camouflaged, but one thing is for sure; it is well hidden. You could start combing the campus right now but you might want to wait until September 18, when *Recess* will start publishing it's weekly clue to help you in your quest. Each clue might not mean much by itself but you will be richly rewarded if you are dedicated enough to gather them each week and be the first person to piece them all together.

## Hidden Wordsearch

For all you sweet, trusting, tasty first-years who might've otherwise foolishly taken what your T.A.'s tell you at face value, *Recess* gives you an official\* guide to

### Interpreting your Teaching Assistant!

"Hi."  
 • *I don't want to be teaching you snotnoses, so, therefore I hate everything about you.*

"I'm sure we're going to enjoy our year together"  
 • *I'm going to enjoy making you cry.*

"Your term paper?...It needs some work."  
 • *It sucked.*

"...It was okay."  
 • *It sucked.*

"...I liked it."  
 • *It sucked.*

"...It was very opinionated."  
 • *It sucked and so do you.*

"I can't tell you that...I haven't even seen the exam yet."  
 • *You don't think I'm going to give you that sort of information for free, do you?*

"I don't know why you're upset, that's a good mark."  
 • *...for a retarded chimp.*

"I might be able to do something about that mark."  
 • *Give me your first born.*

"I'll see you next week."  
 • *Don't even think I'm done with you yet.*

"I feel some extra tutoring might be beneficial to your final grade."  
 • *You get an extra 5% for swallowing.*

\*Official meaning I wrote this sitting in The Medium's office.

### Last Week's Answers:

Weekly Moron Contest: None.  
 The Garden Gate: Three killed Four.

- BARBEQUE
- CONCERT
- CRAZY
- DANCE
- DIZZY
- DRENCHED
- DRUNK
- DUNK
- ENVIRONMENT
- FROSH
- FUN
- HANGOVER
- INITIATION
- JELLO
- LAUGH
- MICE
- MUD
- OLYMPICS
- PARADE
- PARTY
- PRIDE
- RALLY

P	D	Y	T	K	O	L	Y	M	P	I	C	S	D
V	A	I	Z	I	N	S	N	T	E	W	T	A	D
O	H	R	Z	A	N	U	E	S	U	N	N	R	M
L	A	R	T	Z	R	I	D	X	E	C	U	F	T
L	N	E	L	Y	Y	C	T	M	E	N	M	U	R
E	G	G	A	E	N	S	N	I	K	I	I	N	E
Y	O	G	U	W	I	O	B	E	A	O	C	D	C
B	V	A	G	N	R	A	S	F	D	T	E	U	N
A	E	T	H	I	R	P	R	R	R	A	I	M	O
L	R	S	V	B	I	O	E	T	A	O	R	O	C
L	A	N	E	R	L	D	I	E	I	L	S	A	N
E	E	Q	I	L	I	M	S	U	M	O	L	H	P
Q	U	T	E	R	O	O	K	N	U	P	S	Y	T
E	M	J	P	V	D	R	E	N	C	H	E	D	Q

- SEX
- SIN
- SPIRIT
- SPUN
- STAGGER
- SUMO
- SUN
- VOLLEYBALL
- VOMIT
- WET

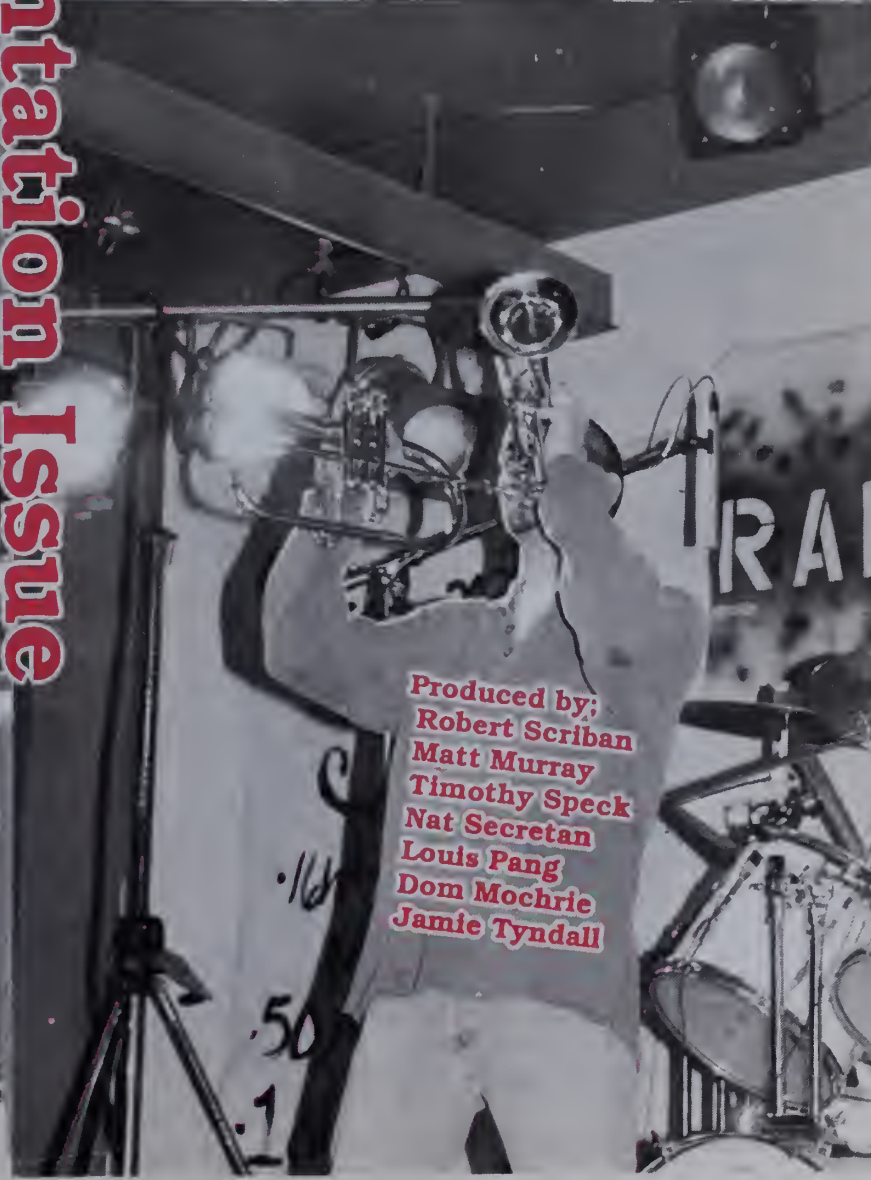
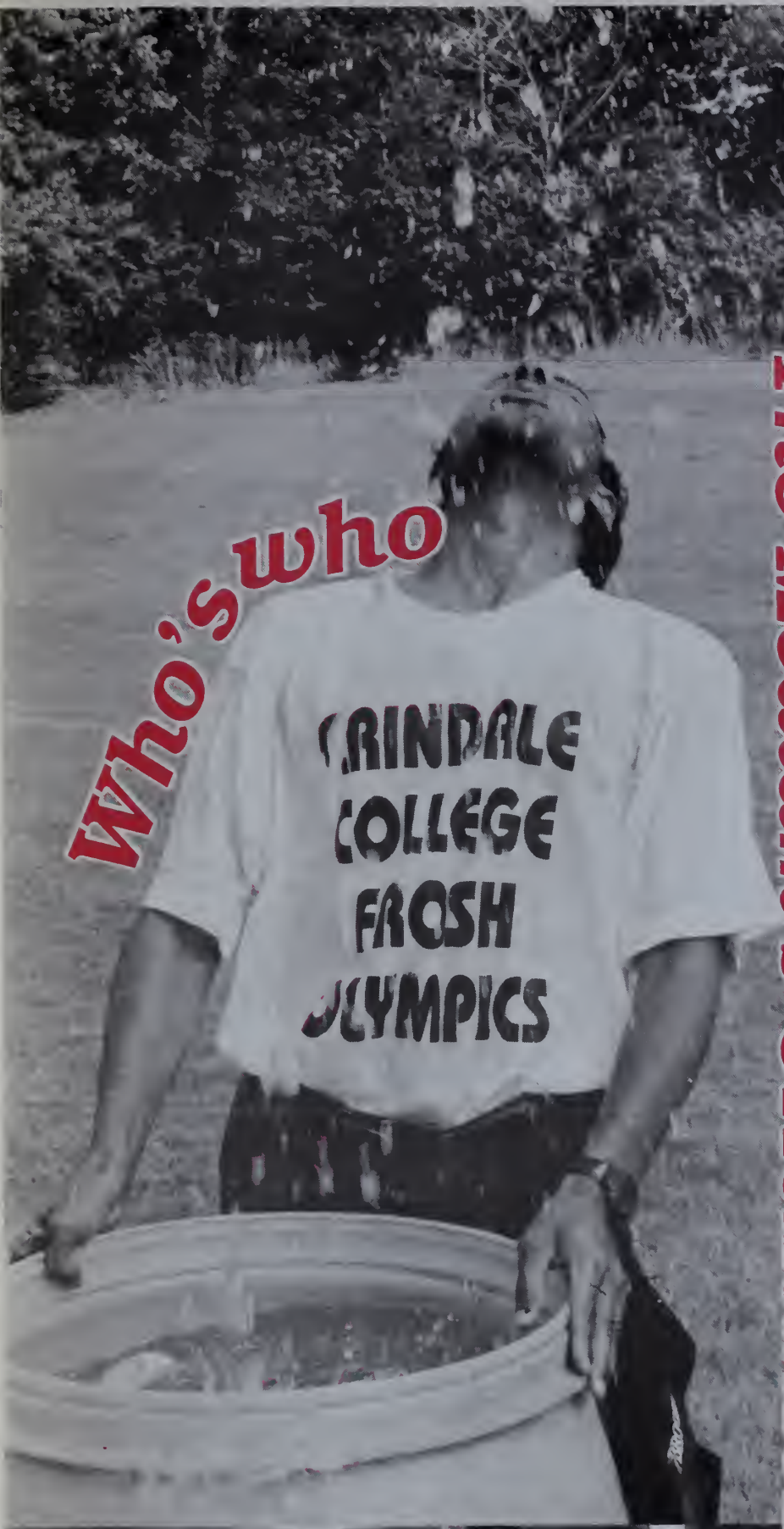
After you've circled all the words, cross out all the M's and Q's, and unscramble the letters into the following slots to find the proper title of the wordsearch.

-----

### WEEKLY MORON CONTEST

Do you idolize the guys in the *Menthos* commercials? i.e. Can you pacify an enraged stranger by displaying your roll of European mints? Do you really think the *Ab Flexer* is the way to a firmer, trimmer you in only 3 seconds a day? Well, even if you don't buy a load of crap off the idiot box maybe I can sell you on this: Complete a task that requires the intelligence of a shoestring and I will give you a prize (yes, a real prize and, I promise, no mints of any sort). This, in essence, is *Recess'* Weekly Moron Contest which starts in earnest on September 11 (meaning there's no actual prize this week, sorry.). So swallow your pride, get out your kneepads and tell me:

**HOW MANY PIECES OF DRIED GUM ARE STUCK UNDER THE CUBICLE AGAINST THE WALL IN STUDY ROOM 2068?**



**Who's who**

**The Medium's Orientation Issue**

**Produced by:**  
Robert Scriban  
Matt Murray  
Timothy Speck  
Nat Secretan  
Louis Pang  
Dom Mochrie  
Jamie Tyndall



**ATHLETICS DIRECTOR**  
*Peter Baxter*

Peter Baxter is in his fifth year as Athletics Director at Erindale. Although it hasn't always been easy, Baxter has steadily worked to improve our facilities by adding a world class weight lifting center.

In fact, Baxter has attracted both national and international attention to ECARA's weight lifting facilities.

Though constantly on the go, Baxter makes time to talk to the concerned student. Unfortunately, the only contact the majority of the Erindale population has with Baxter is through disciplinary actions.

So if your the type to lose your cool in a ball hockey game or take the phrase "winning at all costs" a little too seriously, you'll be meeting Mr. Baxter real soon. Not to worry — Baxter might be tough, but he's fair.

**PROGRAM ASSISTANT**  
*Jack Krist*

Jack Krist is a new addition to the permanent ECARA staff. Krist is coming off a very successful summer stint as Basketball Camp commissioner and Leadership Camp counsellor.

This year Krist's main area of involvement will be interfaculty sports. ECARA will also use his credentials as a quality basketball referee to add credibility to the officiating in the intramural basketball league.

Officiating has always been a concern with the players, and with Krist's experience as a high school basketball referee our refs can get the benefit of his knowledge and experience which will make the game more fun and more competitive. Jack is definitely a welcome addition to ECARA staff.

Unfortunately Jack was not available when this lovely photo was taken. At that time Jack was stuck in the hurricane that was bombarding the eastern coast of the United States.



# ECARA



**PROGRAM CO-ORDINATOR**  
*Louise Palmer*

Palmer, a graduate of U of T's Physical and Health Education program, organized ECARA's Summer Sports Camp for children. This year, Palmer added a very successful Leadership and Tennis Camp. As the fall arrives, Palmer changes gears.

During the school year, Palmer will promote women's participation in ECARA's athletic program and coordinate an expanded instruction program that includes ballet for the first time. Palmer's organization and experience guarantee the success of the instructional programs.

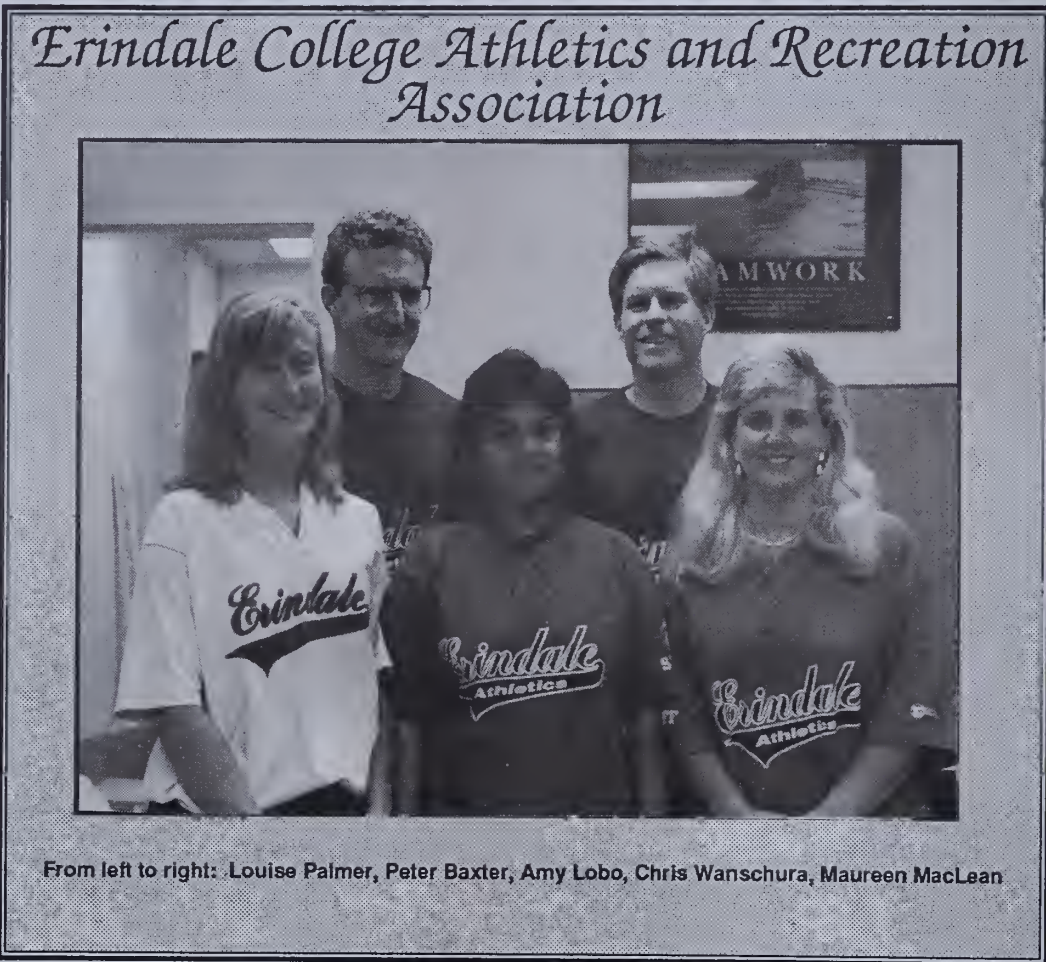
**FACILITY MANAGER**  
*Chris Wanschura*

Don't think we have enough weights? Not enough stair masters or rowing machines for your liking? Then let me introduce you to the man in charge, Chris Wanschura. Chris and the Den staff are some of the nicest people. As long as you follow the rules they are the easiest to get along with too. Students will find all of the rules in ECARA's new book which are in their frosh kits and at the Athletics Office.

**OFFICE MANAGER**  
*Maureen MacLean*

If you're sports-oriented, a good way to earn a little extra cash this year is to time, score, official, coach or convene a game or league. ECARA is hiring people all year, so keep you eye on the ECARA board.

However, getting paid could be tricky if you don't know who to contact. If you want to get paid you have to see ECARA's Office Manager, Maureen MacLean. Maureen coordinates the office operations, and ensures that everything runs smoothly when registration week roles around.



From left to right: Louise Palmer, Peter Baxter, Amy Lobo, Chris Wanschura, Maureen MacLean

**SECRETARY, Amy Lobo**

You may be asking yourself "Where do I go to get in the game?". The answer is simple: Walk through the ECARA's doors and the first friendly face that you will see behind the counter is Amy Lobo. If you need a locker, Nautilus or iron club tag, a registration form for dance classes, or any other information, Amy will be glad to assist you. Be sure to bring your validated student card with you. Don't leave home without it.

**Get up to North Service Road and Dorval Drive and check out Oakville's Newest Hot Spot!**

**PHILTY McNASTY'S**

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Phil

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**\$2 Tuesdays BE HERE**

## Why are there no ECARA Council Members?

Since April of 1995 ECARA has been without a Governing Council. Due to the fact that Section D- Duties of the Election Committee - was in violation the elections were overturned, and have been rescheduled for the fall. This overturning of the elections caused a great deal of commotion throughout the college as well as the ECARA Department. This incident along with the violations committed by some of the candidates brought up a lot of questions about the current ECARA Constitution which was dealt with by having the ECARA Department and Governing Council re-write their Constitution. This was done in order to prevent this sort of an incident from reoccurring in the future and to clarify the election rules before the next election in the fall.

The ECARA Council is able to continue the many programs and facilities that they offer without having problems (such as not having a Governing Council) because they always plan a year in advance. This along with the fact that many of the summer programs that ECARA puts on is done by full-time staff like Louis Palmer. With the help of Peter Baxter and volunteer members of last year's council ECARA was able to finish the school year off and their involvement in the community throughout the summer with basketball and softball leagues and their summer camps.

ECARA decided to hold the re-election at the beginning of the next school year because a re-election this past April would have been too close to exams. A fall election will give the candidates, as well as the ECARA office, more time to plan another election.

If you feel that you would make a good ECARA representative, but missed your chance last year, here's another chance. Nominations for the 1995-1996 Council will take place during the first week of school. The following two weeks will be used for campaigning. The Official Elections will be held on October 4 and 5. Interested students should drop by the ECARA office in the South Building for further details. And those who forgot to vote the first time, remember, no vote equals no comment.

**MR. GREEK**

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### Mr. Greek's Philosophy

- 1) Visit Mr. Greek - Soon
- 2) Eat Greek
- 3) Speak Greek
- 4) Drink Greek Wine
- 5) Do all of the above

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# STUDENT'S ADMINISTRATIVE COUNCIL



Alexander Vaccari, External Commissioner of Student Administration Council (SAC) Erindale welcomes frosh of '95 to the University of Toronto. He hopes new students will enjoy the learning experience in one of the top universities in North America.

SAC represents all full-time students—31,000 in total—in the University of Toronto. With its large membership, SAC holds strong lobbying power in negotiations with the university administration and the government. For instance, SAC lobbied against partial deregulation of tuition fees (which would allow universities

administrations to increase fees without approval from the provincial government.).

SAC Erindale acts as a liaison between Erindale College and SAC. SAC's presence in Erindale allows it to serve the Erindale community directly. It also reminds full-time Erindale students that we are part of the large University of Toronto student body.

As the largest student body in this university, SAC offers a variety of services which help new and returning students. SAC has added a direct payment prescription health card to its student health insurance plan in the



Marco Santaguida  
President

'95/'96 curriculum. Prior to the introduction of the direct payment card, students must fill in forms and collect receipts to get a 80% rebate for their prescriptions. With the direct payment prescription health card, students receive the 80% rebate as they purchase their prescription.

During the school year, SAC will organize several awareness events: Walk for AIDS, Share the Warmth, Violence against Women and many more. SAC also sponsors Orientation '95, Annual Health Fair and Homecoming.



Alexander Vaccari  
External Commissioner

SAC Erindale's office is located at Room 73 Crossroads Building. The office provides free photocopying, free local fax and free coffee in its student lounge. It also gives every student five free copies of laser printing; subsequent printing costs ten cents per page. SAC is opened daily from 9 am to 5 pm. Please drop by and allow SAC to serve you.

Look for SAC's student handbook of 1995. For the first time, the student handbook will contain information on EVERY student service available in the University of Toronto—including

Erindale and Scarborough campus—in the 1995/96 winter session. Students can also use the handbook as a day book. SAC also offers scholarships for students who have contributed to the quality of life in university. Please contact SAC for details about the scholarships.

SAC wants to improve its accessibility and its services. To accomplish this, SAC plans to buy newer and better computers for the laser printing service. Currently, SAC has a 386, 486 and a Macintosh. An average of 11 students visited and used SAC's services everyday last year. Vaccari hopes that more students will use SAC's services.

To get the most out of university, Vaccari believes that students should maintain a healthy balance between their studies and social lives. Vaccari believes students should view university experience as a growing process. Think for yourself and decide what's best for you—this is Vaccari's tip for new students to Erindale.

Erindale Part-Time Undergraduate Students' Association (EPUS) plays two major roles: to enhance the quality of student life and to represent the voice of part-time students. At the University of Toronto, any student taking less than 4 credits is a part-time student.

Sue Prior, the President of EPUS, talks about her first year experience with a mixture of laughter and regrets. "As a mature student, I was intimidated by younger students. They are energetic and they seem to know more than I do."

Prior continues, "But after awhile, I realize that there isn't much difference between us, besides our age. I probably know more

# EPUS

about them than they know about themselves—I have changed their diapers."

EPUS' office, Room 148, North Building, offers the cheapest photocopying service in school (at five cents per page), free local faxes and copies of old exam papers.

EPUS' free coffee and cookies come in handy during the winter. Bus tickets for Mississauga Transit and the shuttle bus to St. George campus are available in EPUS' office. With funds from EPUS, Erindale students enjoy the service of the Info Booth from 5:30 pm to 8:30 pm (Monday to Thursday).

Prior encourages new students to ask questions. "Most professors love questions. When students question, it shows that they care about learning," says Prior. "If there's something you don't understand, probably half the class doesn't either. So don't be shy, don't worry about not being 'cool', just ask."

Prior also thinks that students should utilize the facilities and services Erindale offers since they pay for them. The Registrar's Office, Career Center, Writing Lab, Health Services and the Athletic Department can enhance the quality of students' lives. It's up to students to use these services to help themselves.

EPUS' staff are able to assist students with most of their questions about Erindale College. "Please drop by our office, have a cup of coffee and chat with us," says Prior.



Sue Prior  
President

# HEALTH SERVICES

Whether you're a full or part-time student, Health Services provide a place for you to go when you're feeling less than 100%. Their wide variety of services stressing convenience and confidentiality, are geared towards students. Nurses are on duty from 9 a.m. to 5 p.m. Monday to Friday, and until to 7 p.m. on Wednesdays. A doctor is also available from 9:30 a.m. to 3 p.m. Though most calls are walk-in, though an appointment is suggested if you want to see your favorite doctor.

Going beyond simple health care is what Health Services is all about. They have teamed up with Peel Community Health for four seminars, including stress management, nutrition, and a pioneering self-image session that gained national recognition. These programs are excellent for students who are living away from home for the first time or are having difficulty adapting. The compassion that the doctors and nurses feel towards students is demonstrated by the caring environment, obvious as soon as you talk to anyone in their offices. Health Services also distributes some free antibiotics that they got by relentlessly canvassing pharmaceutical companies. Health Services know that students are both short on time and money and, therefore, try to get as many free samples as they can, so that students don't have to spend money at a local pharmacy. Almost all of the services provided are done so free of charge.

Health Services has all the comforts of your family doctor and many more that are unavailable at community clinics. For example, no referral is needed for psychiatric care and the waiting list is reasonably short. Health Services also hosts events such as Survival Day, coming up on September 27, and will bring in professionals to talk to students about everything from sexuality to support groups to learning how to deal with exam stress.

Health Services is located in room 1123 in South Building and has five M.D.s and two psychiatrists. Joining the team this year are Dr. Eapean-John and Dr. McDonald.



Front row- left to right: Sandy Arch, Lis Thom.  
Back row-left to right: Betty Golden, Dr. Linda Tulving, Nicky Goruk, Marie Kothari, Dr. Vicky Chen.

## af ALLIANCE FRANÇAISE the SPECIALISTS in PART-TIME CONVERSATIONAL FRENCH COURSES

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- "TIME SAVER" ONCE A WEEK 4 hours

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CAWTHRA DUNDAS QEW DIXIE  
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What is faster than a speeding bullet, stronger than a locomotive, able to leap tall buildings in a single bound?

Most students would instinctively answer, Nick Panou. But no, I am not. All I am is a student, a concerned student that cares for the representation and welfare of his peers.

I may not have the power to save the world, but as the president of ECSU, I'll do everything I can for you.



Nick Panou  
President

HELLO ERINDALE!

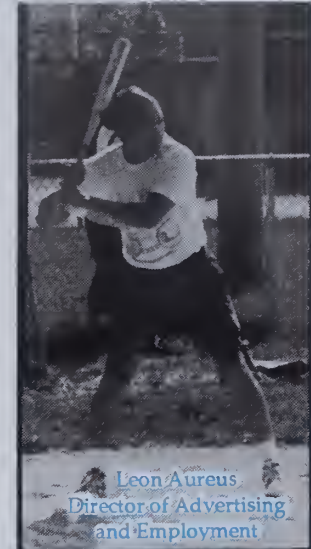
Yes, it's me, Diane Wojna and I'm back for another year. As ECSU's VP. Admin.

I will be working to ensure ECSU is on the right track. I will also be working with Radio Erindale (come check out their new location in the Crossroads Bldg.), the Student Centre Campaign as well as various NEW projects, the Handbook, the ECSU Newsletter and our own Spirit Crew (yes, the Erindale Chapter of the BLUE CREW is here). You can always find me at ECSU (room 11 Crossroads) or in the Meeting Place (when I'm not in class). So, if you have any questions, just come by and let's talk.



Cristy Maietta Public Relations Director  
Diane Wojna VP Admin

Welcome to Erindale '95. We've planned a year full of events, old favourites like the Oktoberfest trip as well as new and exciting things like the 25th anniversary of Radio Erindale. As Public Relations Director at ECSU, I deal with the community, businesses and special interest groups such as the Red Cross. If you have an interest in this type of thing or if you just want to be involved, come and visit us at the Crossroads building. We are more than happy to answer your questions, after all it is why we were elected.



Leon Aureus  
Director of Advertising and Employment

The Erindale College Student Union (ECSU) is the full-time student union on campus. We are here to represent you, the students. We promote the students' welfare and interests, and serve as your link to the University administration.

ECSU also owns and operates the Blind Duck Pub and Radio Erindale, the latter of which is being moved to the Crossroads building, and into renovated facilities.

We also offer free local faxing, lockers for \$30 (\$5 is refundable at year's end), and photocopies (on your copy card) for only 7 cents. What a deal!

In the past ECSU has brought to the campus bands such as the Tea Party, Lowest of the Low, One, Public Enemy, Aerosmith and the Beatles reunion tour (well, almost the last three...) And this year ECSU is sure to bring other great attractions.

The greatest attribute of ECSU is you, the involved student. This involvement can take many different forms, from being part of our over thirty different clubs, starting your own club, participating at the radio station, or being on various committees.

We are here for you, so drop by with your questions and concerns, room 11, Crossroads building.

SHOW YOUR PRIDE IN '95!

Hi! My name is Brandon Walsh and I'm the president of the Global Students League and captain of the men's inner tube racing team. My hobbies include 5th century philosophy, sky-diving, medieval poetry and gator wrestling. Well, not exactly.

I'm actually the Director of Advertising and Employment this year, but I thought I'd spice up these tired old director's welcomes. We're not all perfect and unapproachable as the preceding paragraph may suggest (except Nick — he thinks he is Superman). Feel free to approach us about any questions or problems you may have.

The summer was great (albeit brief), and this year promises to be amazing. Get involved. Join the new A.C.E. — Advertising Committee of Erindale. Help me and my colleagues make Erindale the best it can be.

Study hard my friends, but party harder.



Ted Salgado  
Academic Director

Single, Hispanic, 5'5", 170lbs male. Plans to create a greater awareness of academic service and programs ECSU offers. Looking for energetic people who want to get involved in extra-curricular activities. Drop by the office for interesting and informative conversation or leave a message in my box.



Marco Marrocco  
Clubs Administrator

How the heck do I do this in fifty words? Two years of essays in poly-sci, history and english have made me one long-winded writer. I mean, even my list has an intro, body and conclusion, followed by an appendix. Well, I'm Marco the Clubs Guy, this is my third year at Erindale, and don't be afraid to say "hi!"



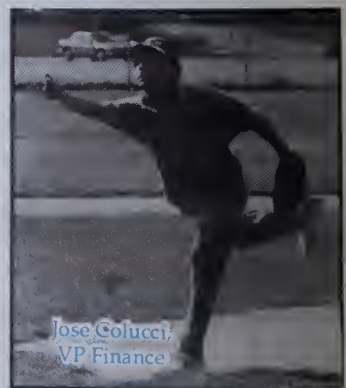
Anji Sharma  
Special Projects

Hi, my name is Angie Sharma and I am the Special Projects Director this year. One of my aims is to make ECSU accessible to you, the students, and to make you aware of what ECSU has to offer. I hope to see many of you at Student Appreciation Days, and at the Walk for Aids fund-raiser, as well as the many other worthwhile activities on campus. In addition, I am responsible for the 1995/1996 yearbook, a collection of all that happens at Erindale in the course of the year. So enjoy all that Erindale and ECSU offer, and have lots of fun, we'll be watching you...by the way, studying from time to time is a good idea, but not mandatory.



Omar Alikhan  
Social Programmer

Pride. This is one of the feelings I feel towards this incredible school, along with the people who attend it. Absolute, incredible, super-cool pride. So come on Erindale let's show the rest of the world what this school is made up of. I'm ready, how about you?!!



Jose Colucci  
VP Finance

Hello, my name is Jose Colucci, this year's VP. Finance. I am entering my fourth year as a Poli Sci and Latin American Studies Major. I am here to ensure that your money is being responsibly managed. I oversee the operations of the Blind Duck Pub, so if you have any questions or comments, I'd be glad to hear from you. In closing, I cannot stress how important it is to get involved. Good luck in this school year. I'll see you at the Pub!

## Radio Erindale -- FM CFRE 91.9

Radio Erindale (FM CFRE 91.9/99.1) celebrated their 25th anniversary this year on August 2. Radio Erindale started off as a Erindale communications course and was developed, over the years, into a radio station.

Gary Matos, Station Manager, had a big job ahead of him cleaning out all the bad vibes left behind from previous directors, some of whom were still receiving free CDs at their home addresses. But after much deliberation, Radio Erindale has gained the support it deserves from major record companies. Matos, a correspondent for James, used his PR contacts to enrich Radio Erindale's programming and increased CD intake from 10 to 100 per month.

Matos is joined by a staff of 6 members, including Dan - Program Director, Margo - Administrative Director, Sachin -

Business Director, Amanda - Music Director, and Ottavio - Advertising Director. Radio Erindale is still on the lookout for a promotion director, DJs and roadshow personnel — contact Dan at 828-5310, or drop into their new location at the Crossroads Building next door to ECSU.

Radio Erindale's priority is to serve students. They currently hold a broadcast radius that includes much of the Erindale community, and are hoping to increase listenership with a 30-day CRTC license, scheduled for September 14 - at which time CFRE can be found at 99.1 on the dial.

Radio Erindale promises very little repetition. They cater primarily to a CFNY 102.1/Dance 108 audience, and like to promote indie and Canadian acts. Matos offers new Canadian talent the opportunity to appear live at their



new store-front studio. Here students will be able to see and hear live bands at the Cross Roads Building — hey! we're talking free concerts here!

Matos regrets, "Trent Reznor will not be appearing. He has decided on no media for this tour". Radio Erindale's programming, that consists of 50% alternative,

30% dance (including jazz), and 20% spoken word (featuring specialty programmes and comedy shows).

CFRE publish their charts based on DJ playlist, and send them out to major record companies (Indie and mid-size), Chart Magazine, CMJ, and occasionally The Record. Students can phone in requests by calling 828-5411, and may offer suggestions for Radio Erindale's specialty programmes by phoning 828-5310.

On September 21, Radio Erindale will be hosting a live/outdoor performance with What Dogs Dream About.

Watch out for giveaway nights at the Blind Duck pub, and keep your eyes peeled for Dan's column — cyber-media-chaos — in the arts section.

# Campus Police



Three arresting guys strike a pose.

Like a highly efficient security blanket, Erindale's Campus Police cover the campus using radios, television cameras, and the police computer. Security and peace of mind are always assured for Erindale students, as there are at least two officers on duty 24-hours a day, 365 days a year.

Regular patrols of the campus are conducted and, when called, they can use either the Caprice Classic patrol car or one of two mountain bikes to reach any point on the campus with minutes.

The mountain bikes ensure that the officers can efficiently patrol all corners of Erindale property, including all the trails that overlook the Credit River.

For additional protection, security phones have been placed around the campus and are regularly maintained. These phones provide a direct emergency line to the police and can be recognized by their bright yellow cases.

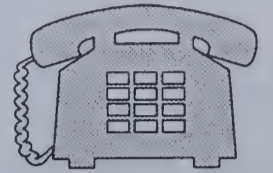
The force consists of Staff Sergeant Kent, Corporals Lack, Helewa, and Cervoni, and Constables Mallo, Yardy, Pienczykowski, O'Brien, Hoffman, and Falasca. These officers have the same powers as Regional Police under the criminal code anywhere on University of Toronto property, and are quick to respond to all calls.

Erindale's Campus Police go beyond law enforcement, and are involved in many community committees and organizations, such as Campus Safety and Fire Warden training. In addition, the police teach courses in Non-Violent Crisis Intervention, First Aid and CPR. These courses are offered to all staff and students at Erindale for a minimal charge.

The police also have a close liaison with Peel Police and various crisis centers around the city, to which they can refer students with problems. Campus Police will also speak to classes and

meet with residence dons to discuss problems.

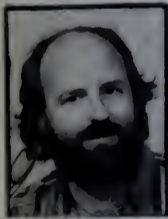
The office is located just inside the main entrance of the South Building and has recently completed a major renovation. The new look isn't the only thing that's new. Constables Hoffman and Falasca are joining us for their first year at Erindale as Constable Dawson leaves us to pursue a career with the OPP. The Campus Police can be reached at 828-5200.



**Campus Police**  
**828-5200**

# Theatre Erindale

Jim Smagata heads Erindale Studio Theatre as the Production Manager. Jim wears many hats and handles everything from publicity, lighting and set structure to managing the theatre itself. Jim is also a professional actor and a drama instructor. With a BA in Drama from Brock University, Jim has worked at: Regional College, Grande Prairie, Alberta — a 487 people theatre — for 9 years; Ottawa's roadhouse theatre in Centre Point — 1000 seat theatre — for 3 years, and has been at Erindale Studio Theatre for 3 years now.



**Jim Smagata**  
Production Manager  
As director, Young is responsible for choosing the productions for Erindale Studio Theatre and uses his expertise and professional contacts to direct each show.

At the theatre, First year students can work their way up from front of the house (ushers/ticket takers) to 15 hours of lab time, and then on to lighting, sound, video, and stage production.

Second year students work back stage eagerly waiting for their third year, when they get the opportunity to show off their newly developed talent.

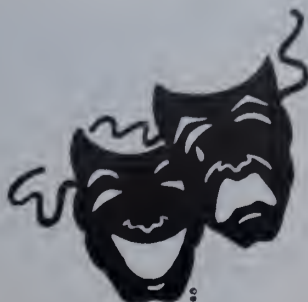
Erindale Studio Theatre offers professionally produced shows. Three years ago, Erindale Studio Theatre was converted from a chemical lab into a fully functional studio theatre with state-of-the-art lighting and sound. Erindale Studio Theatre's first year in 1993 held two shows — now they produce four each year. This year, productions include: *Six War Years*, directed by

Ron Cameron — November 1 - 4; *The Rimers of Eldritch*, directed by Jim Millan — November 22 - December 2; *Les Belles Soeurs*, directed by Mimi Mekler — January 31 - February 10; and *The Revenger's Tragedy*, directed by Patrick Young — March 6 - 16. Tickets are \$7 for students and seniors, and \$10 for non-students; matinees are \$5. Season tickets can be bought at \$21/\$15 (matinee) for all four shows. For tickets and information, call 569-4369.

The Drama Club of Erindale is performing *Pump Boys and Dinettes*, directed by Jim Smagata — September 21 - 23 and September 28 - 30, 8:00 p.m. Anyone can join the The Drama Club. For information, call Zaib Shaikh at 828-3990. *Pump Boys and Dinettes* is a musical and will be performed in a cabaret-seating style, where you can sit back with your beer or cocktails and enjoy the show. Be sure to stick around after the show on Friday and Saturday for an open jam session. Tickets are \$5 for students and seniors and \$7 for non-students. Call the Box Office at 569-4369 to reserve your seats.

Erindale Studio Theatre remains open until Thanksgiving, allowing student clubs the opportunity to book the 75-seat studio theatre for free. For information, call Jim Smagata at 828-3990.

Keep your eyes peeled for upcoming Erindale Studio Theatre listings in *The Medium*.



## YOU PICK'EM WE'LL PAY FOR'EM

Westdale Mall merchants will give you \$500 to help you pay for your Back-to-School book purchases. So whether you're in college or university, drop your campus bookstore cash register receipt into our Centre Court drum and you could win. One receipt will be chosen at random on September 18, 1995 and the winner awarded \$500. It's Westdale's way to make school a little easier.



Please print your name, telephone number and address on the back of your receipt or photocopy. Student must be enrolled at a post-secondary institution and have a valid student card. Contest ends Sunday, September 17, 1995.



## Westdale Mall

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The Medium is Erindale College's Student Newspaper. We are entering our twenty-second year and were formerly known as the *medium II*. Prior to that we were called The Erindalian.

Our mandate is to inform Erindale students, reflect student's concerns, act as a forum for discussion, and, of course, entertain. This year's dedicated staff has set a number of goals. First we plan to fulfill our mandate by producing a high quality, informative and entertaining publication. Yet, we do not plan on stopping there. We hope to increase the profile of the paper, the college and lead the way to the future.

Come and join us. Many past editors and writers have gone on to illustrious careers in desktop publishing, magazine editing, magazine design and layout, newspaper editing, ad design at community newspaper, writing for music magazines, and have been fast-tracked into journalism school - - others chose less auspicious routes and can be seen flipping burgers at MickyD's.

Write, draw, rant, criticize and suggest, but first and foremost get involved. Our office is located in Room F18, The Crossroads Building - its the room with two black cats, a black motorcycle, a Douglas Coupland effigy and a silly blue hat logo in the window. If you are a budding journalist, yet are shy, feel free to phone, e-mail or fax us.

The following eight masochists make-up the 1995-1996 Editorial Board. The editorial board is responsible for organizing, editing and laying out what lies before your eyes. By sacrificing most weekends between now and April they ensure that the paper gets hits the newsstand on time every Monday. However, they are only part of a paid staff of 14 and a volunteer writing staff of over thirty.

**Robert Scriban, News Editor**

The news section is arguably the most important section of the paper. Here members of the Erindale community are informed about the important events both on the campus and at the university in general. Rob is a fourth-year Political Science Specialist and Sociology minor who works laboriously composing headlines that inform and bewil-

der. His passions are Mozart, Ministry and the missionary position.

**Louis Pang, Features Editor**

Louis is responsible for both the features section - a weekly article of substantial length usually found in the centrespread of the paper - and the short story and poetry page, entitled Our Stories. Louis says: My friends say that I'm cheesy because I enjoy Boyz II Men, I cry when I'm sad. I smile when I'm happy and I say "I love you" when I do.

And Big Lcu we love ya' too.

**Natalie Secretan, Arts Editor**

The arts section covers music, theatre, film and other artistic and pseudo-artistic endeavors. Natalie invites all interested students with something to say about their particular passion to contribute. Natalie claims: "I particularly enjoy catching up on my homework on the 7th floor of the psyche ward Emergency Room. It's a real Tao mind test and the ambiance adds to my repertoire of quarks and quacks. I love writing and fancy myself as a poet - but I ain't no Dylan Thomas - and you know, I won't be satisfied until I am (Never!!!). 'Tis easy to prophesize in the clouded mind of one's sleep. Vision is impaired in the daylight of time."

**Matt Murray, Sports Editor**

Matt is a second-year student who is not quite sure what he is majoring in, or why. Matt isn't despairing over the extra work that comes with January and the start of the ball hockey season. Apparently he has lots of time due to his ignominious one-year dismissal from the league.

"Matt can you write something about yourself for the Who's Who?"

"Ya, sure, no problem Tim."

Ya right! What the hell am I gonna say? I always get myself into these things.

I'll say this much for myself, I'm the guy with the desk near the refrigerator, stereo, microwave, coffee maker, and the futon. If you want to know more, swing by *The Medium*.

Louis



Rob

Tim



**Dom Mochrie, Composite Editor**

Dom produces Recess, the escape from the drudgery of the classroom. Since Recess is the lighter, fun section of the paper it only makes sense that Dom is the staff member who keep us laughing the most. He's approachable and very easy to locate - just look for the floral design wallpapered desk. When asked to say a few words about himself Dom was speechless; so too are we after one of Dom's sarcastic *bon mots*. Actually he was out of town.

**Jamie Tyndall, Photography Editor**

Jamie is one of two returning editors. He is in his final year of a 'Whatever' programme. He does an admirable job producing quality photos given the dilapidated and archaic darkroom facilities we possess. Jamie say a few words. "Hi!...That's it."

**Katie Lake, Ad Design Co-ordinator**

Katie is our newest staff member having joined us just in time for the Orientation issue. She is in the Art and Art History Specialist programme as befits her creative ability and position. Katie enjoys confusing Louis and 'coughing up scarier stuff than that.'

**Timothy Speck, Editor-in-Chief**

Tim is in his final year, or so he hopes, of a Philosophy Major and Peace and Conflict Specialist Programme. He is determined not to find himself waking up on the office couch Monday mornings. Tim has a propensity for verbosity, non-sequiturs and being found in the darkroom with a friend.

Not only does this year's staff intend to publish a top-notch, kick-ass newspaper, we also plan to play a more active role on campus this year, which we hope will continue in future years. Look for us during orientation week, our Writer's Workshop on September 19, and the Rogue's Gallery of student leaders on the boards outside the Registrar's office.

Jamie



Katie



**Attention: International Students**

**UHIP**

**(University Health Insurance Plan)**

A central UHIP administration service is now located at the International Student Centre  
33 St. George Street (2nd Floor)  
978-0290  
uhip@gpu.utcc.utoronto.ca

The University has enrolled you for your health insurance for 1995-96 and an identification card has been prepared for you. The cost has been included with your tuition fees.

**New Students\*:** Pick up your card and obtain further information at the International Student Centre as soon as possible.

**Returning Students\*:** Your 1994-95 UHIP coverage is valid until August 31, 1995. Your 1995-96 UHIP card will be available for pick up at the International Student Centre after you have registered for the current session (and after Monday, August 21st).

**\*Note:** Scarborough and Erindale students may pick up their cards at the Registrar's office on their campus.

**Dependents:** Apply for UHIP for your dependents at the International Student Centre. Newcomers should apply immediately. If your dependents have coverage until August 31, apply to extend this when you pick up your card.

**\*\*Please bring your 1995-96 student card and the receipt portion of your fees invoice for identification.\*\***

UHIP is compulsory for all international students. Exemptions must be approved by the plan administrator.

Nat



Dom

Matt



**TUITION FEE REFUNDS  
FACULTY OF ARTS AND SCIENCE  
AND SCARBOROUGH COLLEGE**

The University's Tuition Fee Refund Schedule was recently reviewed to determine the reasonable amount of time which students should be allowed to attend certain courses before deciding whether or not to continue in them.

Beginning with the 1995 Winter Session, students in Y and H courses will receive a 100 per cent refund to September 22, a 75 per cent refund to October 6, and a 50 percent refund to October 20.

Students in first term courses (F and A) will receive a 100 per cent refund to September 22, a 75 per cent refund to September 29, and a 50 per cent to October 6, 1996.

Students in second term courses (S and B) will receive a 100 per cent refund to January 19, a 75 per cent refund to January 26, and a 50 percent refund to February 2, 1996.

Please remember that these deadline dates are important both academically and financially.

Students who are uncertain about the dates should consult their faculty or college registrars, or Daniel Lang, Vice-Provost, Simcoe Hall.

Daniel W. Lang  
Vice-Provost  
Assistant Vice-President (Planning)

Erindale Campus boasts a most innovative and comfortable residence lifestyle setting nestled in the heart of the suburban landscape of Mississauga West. Four phases of undergraduate housing, plus the fifth phase of gradu-

troopers. This office coordinates a dedicated group of Dons and elected Mayors. It is these people who answer the many questions of on-campus dwellers and solve the disputes that drive the campus police nuts. They are

McGrath Valley, takes care of all the married and graduate students, and aides Mike Laval when things just get too hairy for him to handle alone. When in times of trouble, its Gayle to the rescue!

Gayle Richter, Conference Coordinator and general all-round 'Lady of Erindale', manages residence space bookings.

Julie Stevenson, Accounts Manager, collects the dough and makes sure that those delinquents pay in full... ..or else.

Hugh Carson and Vesna Poulin are the Residence Center office managers whose smiling faces you see when you walk through the door(at least you hope they're smiling).

Mary Rebello is the Summer

Superintendent. You can thank her for all the summer pubs. She may not be around during the year, but she made the photo.

Lastly, Art Birkenbergs and Henry Scheonmaker will take care of all maintenance requests for all those residence-dwellers who are real nice to them.

## Residence Staff

ate and married residence support a network of students pursuing their futures and enjoying their present (sometimes too much). The idyllic setting of Erindale campus residence life is not without its support staff and control mechanisms though. The residence office, located on Residence Road, is headed by Mike Laval and manned by a stalwart staff of residence

the few, the proud, the Residence Center guys and gals.

Mike Laval heads this group as the fearless and intrepid leader capable of solving any problem ranging from the occasional rent dispute to the almighty need to change your roommate. As Residence Director, Mike Laval deals with it all.

Gayle Dykeman, Assistant Director of Residence and Coordinator of



On a regular day, you can find the residence staff hanging out on the rocks - Clockwise from top : Mary Rebell, Gayle Dykeman, Farhaaz Janjua, Mike Laval, Helping Hand 1, Helping Hand 2, Vesna Poulin, and Gayle Richter.

photo by Jamie Tyndall

Next we have our dedicated student leaders, two champions of on-campus harmony, the acclaimed duo of co-mayors Rondev Bhattacharya and Shauna Dalgleish. This fearless pair organize just about everything that the residence-dwellers need and want, such as the weekly grocery bus, the Coleman Classic bi-annual Ball Hockey Tourney, and all other Social and Athletic events. Shauna Dalgleish is a 3rd year biology major,



Rondev prepares for stardom

photo by Robert Scriban

### The Mayors

who spends her summers at Glen Abbey Golf Course in training to become the world's premier lawn care biologist. Rondev Bhattacharya is a 3rd year political science and commerce major from Sarnia, who dreams of deejaying on the Electric Circus (hoping Monika Deol will fall madly in love with him and take him away to a small island in the tropics), and practices with a weekly show on Radio Erindale.

And then there are the Dons(yes, they are the Mafia). Mike Laval coordinates these thugs in their open exploitation of the helpless and defenseless residence residents. In good military fashion, they conduct monthly house

### The Dons

checks and strip searches, confiscating all 'fun' or 'subversive' material. They also organize nefarious gatherings, such as the Scrub Pubs and the Don Brunch Series, in hopes of recruiting more troublemakers into their fold. Watch America's most wanted and you might see some of these names:

The Cadre:

Head Don: Jenny Brubacher/3rd year/1st phase

1st phase- Nicole Fear/2nd year, Chris Hill/2nd year, Christy Halse/2nd year, Natasha Biljetina/3rd year, Becky Harrison/3rd year, Joanna Dora/2nd year.

2nd phase-Emma Beamson/2nd year, Cory Barlow/3rd year.

3rd phase-Farhaaz Janjua/4th year

4th phase-Margaret Murphy/4th year

Remember, when your in trouble, and you have a 'problem' you need to 'solve', these are the people who will 'take care' of it, if you know what I mean.



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Choose one of these easy ways to order your phone line from Bell:

- Visit your nearest **Bell Phonecentre™** store:

**Temporary on-campus location:**  
Bell Phonecentre™, Erindale Campus, Coleman Lounge  
Friday September 8 8:30 am – 3:30 pm.

- Sign up through our Internet address: <http://www.bell.ca/campus>

- Get connected by calling **310-BELL**.

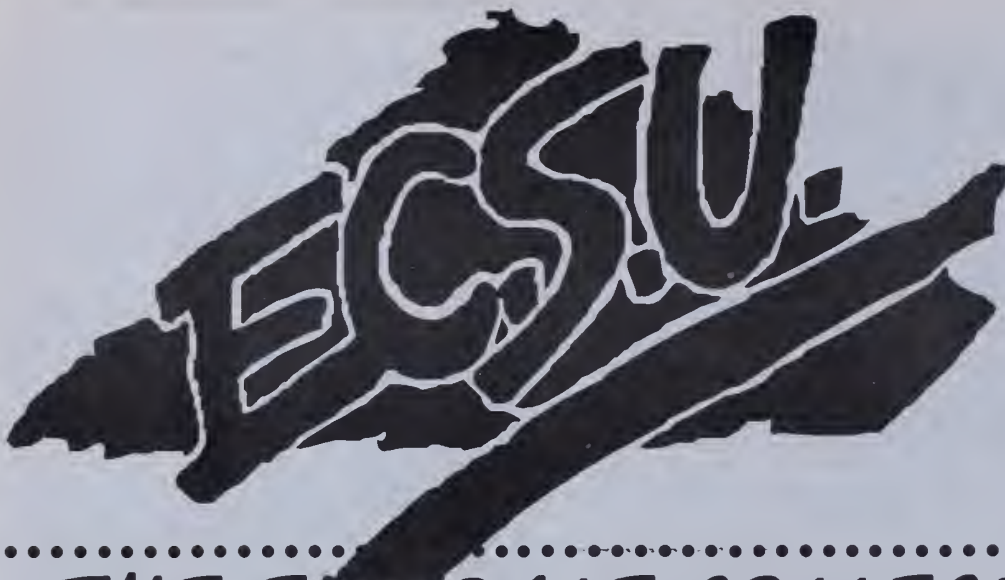


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Order up to 3 Bell SmartTouch™ services and/or a Vista™ phone and get one month free!

†Offer applies to a Vista 100 or Vista 200 phone. †Trademark of Nortel. \*Some restrictions apply.





# Erindale College Student Union

.....  
*THE ERINDALE COLLEGE STUDENT UNION  
WELCOMES ALL FIRST YEAR STUDENTS.  
(AND REMINDS YOU TO GET INVOLVED)*

- Locker sales begin Monday Sept. 11TH at ECSU office, Crossroads Rm. 11. Availability will be on a first come first serve basis. \$25 rental fee, \$5 will be refunded at year's end.

---

*The line-up starts soon....*

*Thursday Sept. 14TH  
FIRST PUB NIGHT*

---



*If interested,  
Please call Leon at 828-5249*

- LISTEN UP! To the new and improved Radio Erindale. Celebrating 25 YEARS on campus. Check out their new home at the Crossroads Building.
- Keep your eyes open for the BLUE CREW coming soon to Erindale. For more information contact OMAR or DIANE.
- Come join us at the CORN ROAST on Wednesday Sept. 13TH at the South Field Baseball Diamond.
  - Live Music ◦ Free Food & Drinks

**MOVIE NIGHT** ◦ Tuesday Sept. 12TH  
◦ watch for more information

.....

# FEATURES

## All U Need to Know about

# Safety, Booze and Macaroni & Cheese

As summer slides away and the leaves on the trees turn brown and gold, school starts again. Most students face the beginning of the term with a mixture of excitement and anxiety—more so for new students. Everyone was a new student once and everyone remembers how he or she worried about fitting into a huge institution like the U of T, adapting to a new learning environment, and meeting new friends. There are many things you cannot control or foresee in your first year at Erindale College, but there are many ways you can make your first-year experience rewarding and memorable.

## PERSONAL SAFETY

Erindale College bridges people of different background and encourages interaction. It creates a sense of a-community-within-a-community. But Erindale College's beautiful landscape, tidy lecture halls and friendly community do not immunize us from dangers that exist in our society. When we open Erindale's facilities to our surrounding urban or suburban community, we also make ourselves vulnerable. Though Erindale is a peaceful and safe place, most of the time, learning some tips on personal safety on campus never hurts.

### Safety tips:

1. Never prop open doors. You may save a few steps or seconds, but you may put the safety of everyone in the building at risk.
2. Always lock your room, lab or house—even if you are leaving for a few minutes.
3. Always ask for identification when someone unknown asks for admittance to your building.
4. Inform Campus Police when you work late into the night.
5. Always get a friend to walk with you at night.
6. When you work late in school, let a friend know where you are and when you will be home.
7. Avoid walking or jogging in deserted and poorly lit areas.
8. Use routes that you are familiar with. Remember the locations of pay phone and emergency telephones.
9. Use the Ridersafer Service to travel around the campus in the evenings.

## Ridersafer Service

Monday to Thursday, every 20 minutes, from dusk to 11:30pm, The Ridersafer Bus picks up students from the

South Building, Kaneff Centre, Colman Place, North Building, Parking Lot 5 and 7. Just tell the driver your destination on campus and the driver will take you there. The service improves safety for people who move around the Campus during the evening hours. For operation details call 828-5269.

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## EATING HABITS

Preparing food can be challenging when we live away from home for the first time. Macaroni and cheese come in handy when assignment deadlines approach, when tests loom large in our minds and when we feel sick of eating and cooking alone. Sometimes we forget the differences between filling up our stomachs and eating well. There are four golden rules in healthy eating:

### Reduce Fat

Fat leads to heart disease, cancer and weight problems. Most Canadians eat 25% more fat than necessary. Choose food or cooking methods that are low in fat. For example, baked chicken has less fat than deep-fried chicken.

### Eat more complex Carbohydrates

Carbohydrates are the simple foods most of us enjoy: bread, pasta, rice, beans, lentils and barley. They are low in fat and high in fibre. When we plan our meals around carbohydrates, we eat less fat and get the energy we need.

## Fill up with Fibre

Eating fibre will help lower cholesterol in our blood. Fruits, vegetables, whole grain bread and cereals are rich in fibre. Legumes such as dried beans, chick peas and lentils are high in fibre also.

## Cut down on Sugar, Salt, Caffeine and Alcohol.

Sugar decays tooth. Sugary foods are high in calories and low in nutrients. They also spoil our appetite for healthier meals. Salt contributes to high blood pressure. Cutting back on salt in our food is a good idea. While caffeine is helpful when we need to stay up all night to finish an essay, too much caffeine jangles our nerves, gives us headaches and causes insomnia. Alcohol may lead to liver disease. Moderate drinking is the key to reducing the risk.

by Louis Pang

Special thanks to Health Services for their assistance.

## BOOZE

Drinking is a must-go-through experience in university—like assignments and exams. Having a couple of drinks with our friends in the pub or at a house party is fun. But we also know that we can abuse alcohol and alcohol abuse is one of the most

severe problems in modern society. Are we part of the solution? Or are we part of the problem? The checklist below will tell you where you stand.

This checklist provides us with information to make responsible and sensible decisions about drinking. Drinking responsibly means limiting our risk of alcohol problems. A score of 50 in the checklist is the best way to reach this goal.

## PERSONAL DRINKING CHECKLIST

For each question, check the box beside the choice that best describes your usual behaviour. If an activity does not apply to you, check "never".

1. Number of drinks* I usually have in a week	1-6 drinks <input type="checkbox"/>	7-12 drinks <input type="checkbox"/>	13-18 drinks <input type="checkbox"/>	19-24 drinks <input type="checkbox"/>	more than 24 drinks <input type="checkbox"/>
2. I drive a car, truck, motorcycle or snowmobile after drinking	never <input type="checkbox"/>	almost never <input type="checkbox"/>	about once a month <input type="checkbox"/>	about once a week <input type="checkbox"/>	more than once a week <input type="checkbox"/>
3. I have more than 4 drinks (men) or 3 drinks (women) on a single day	never <input type="checkbox"/>	almost never <input type="checkbox"/>	about once a month <input type="checkbox"/>	about once a week <input type="checkbox"/>	more than once a week <input type="checkbox"/>
4. I have more than one drink per hour	never <input type="checkbox"/>	almost never <input type="checkbox"/>	occasionally <input type="checkbox"/>	most times I drink <input type="checkbox"/>	every time I drink <input type="checkbox"/>
5. I drink with the intention of becoming drunk or intoxicated	never <input type="checkbox"/>	almost never <input type="checkbox"/>	about once a month <input type="checkbox"/>	about once a week <input type="checkbox"/>	more than once a week <input type="checkbox"/>
6. I drink before or during work hours	never <input type="checkbox"/>	almost never <input type="checkbox"/>	about once a month <input type="checkbox"/>	about once a week <input type="checkbox"/>	more than once a week <input type="checkbox"/>
7. I drink when I am taking non-prescription or prescription drugs	never <input type="checkbox"/>	almost never <input type="checkbox"/>	occasionally <input type="checkbox"/>	often <input type="checkbox"/>	always <input type="checkbox"/>
8. I drink before/during recreational or sports activities (eg swimming, skiing, boating, team sports, hunting)	never <input type="checkbox"/>	almost never <input type="checkbox"/>	occasionally <input type="checkbox"/>	often <input type="checkbox"/>	almost always <input type="checkbox"/>
9. I drink when I feel depressed, lonely or under stress	never <input type="checkbox"/>	almost never <input type="checkbox"/>	about once a month <input type="checkbox"/>	about once a week <input type="checkbox"/>	more than once a week <input type="checkbox"/>
10. I encourage other drinkers to adopt sensible drinking practices	regularly <input type="checkbox"/>	fairly often <input type="checkbox"/>	once in a while <input type="checkbox"/>	almost never <input type="checkbox"/>	never <input type="checkbox"/>

Step 1. Total the checks in each column.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Step 2. Multiply totals by the points indicated for each question.	x5 points	x4 points	x3 points	x2 points	x1 point
Step 3. Add your score across the bottom for your Grand Total.	<input type="checkbox"/>	+	<input type="checkbox"/>	+	<input type="checkbox"/>
	<input type="checkbox"/>	+	<input type="checkbox"/>	+	<input type="checkbox"/>

\* A drink is one 12 oz bottle of beer (5% alcohol), 5 oz wine (12% alcohol), 3 oz fortified wine (eg sherry), or 1½ oz spirits (eg rye, gn, rum, etc.)

GRAND TOTAL

# ARTS & ENTERTAINMENT

## Big Brother is watching you watching him

### CYBER·MEDIA·CHAOS



by Dan Munro

Viewers of CityTV's *mediatelevision* may have noticed the program's focus on a number of ingenious advertisements in print, on television or via computer.

What may have slipped by unno-

ticed, however, is the possibility that *mediatelevision* is not even a program. Could *mediatelevision* be a cleverly disguised advertisement itself?

Take, for example, the recent feature on Bank of Montreal commercials for their new student loan program. *Mediatelevision* explored the slick campaign, designed to attract the late teen, early 20s university-minded generation, with seemingly genuine media interest.

The Bank of Montreal's commercial features educational symbols — a periodic table of elements, a music staff, computer programming language, generic text — projected onto an anonymous bald-headed individual. Rapidly changing images of everything associated with university — books, computers, *Kraft Dinner* (!) — were chosen to appeal to the collective Attention Deficiency Syndrome that marketing analysts insist is a characteristic of *Generation X*.

The Bank of Montreal's print-media campaign features slogans in a "university student language" that recall images from the television ad. One of the more innovative phrases asks the new student — "Why have macaroni every day when you can have it three times a day?"

All told, the campaign intellectually and visually appeals to the early 20s target market.

*Mediatelevision's* segment concentrates on the innovative use of film and computer technology to develop a unique advertising campaign. Or, as I suspect, has a Bank of Montreal infomercial been passed off as an innovative entertainment segment? There is something quite disturbing about watching a program about a commercial.

With programs like *mediatelevision*, *Fashion Television*, and *Movie Television*, CityTV and Moses Znaimer have made it increasingly dif-

ficult to distinguish between program and commercial.

Yet, perhaps we shouldn't condemn Znaimer for this confusion. Rather, we might praise him for espousing the observation of Marshall McLuhan that, "The medium is the message". How many programs, entertainment shows and news clips have essentially been a media focus on media?

How many articles have we read about 'multimedia' without the slightest indication of what constitutes the content of "multimedia?"

A recent survey of 312 Internet stories in major Canadian newspapers by *Shift Magazine* found that only 12% of the stories were "about things people are actually doing with info-highway technology today", while the rest were about the Internet medium itself.

Similarly, Znaimer's CityTV is more often the recipient of an award for its news "room" or *Muchmusic* "environment" than it is for actual

news or content. Perhaps Znaimer has recognized, as did McLuhan, that the content of television is virtually irrelevant - we don't watch what's on TV; we watch TV.

Television is an experience in itself complete with nonsensical soundbites, disconnected images, and irrelevant information designed to enhance the experience, not the content. We deceive ourselves when we believe that the content of television is stimulating - it is the TV experience that stimulates.

As a program about a commercial, *mediatelevision* has not violated any television of code of ethics. We have not been deceived. We really shouldn't be outraged when we learn, in the last segment of the *mediatelevision's* feature, that the Bank of Montreal has chosen Znaimer's *Muchmusic* as the sole broadcaster of their student loan commercials.

Or should we?

## Herding the punk rockers into the 90s

### CD REVIEW

by Manfred Sittmann

Critics say now is the time for guitar-fueled rock to make it or break it. The alternative? Be doomed to obscurity forever.



Buffalo Tom  
Sleepy Eyed  
(Megadisc/Beggars Banquet)

Not so for Buffalo Tom who have defiantly stuck to their guns for another album full of earnest guitar work, heart-felt lyrics and melodies.

If anything, what sets *Sleepy Eyed* apart from its predecessors is the lack of a defining single. While *Let Me Come Over* went as far as *Tailights Fade* would take it and the semi-breakthrough *Big Red Letter Day* gained exposure through *Soda Jerk*, *Sleepy Eyed* stands as an entire album of memorable, gut-wrenching pop.

Sure the sound is radio-friendly. Power-pop rockers like *Tangerine* and *Crueler* combine with mid-tempo toe tappers like *Summer* (the first single) and *Kitchen Door* to offer marketing types a promotional vehicle with which to work, but that's missing the point.

Like never before, guitarist/vocalist/lyricist Paul Jonovitz has assembled a series of songs with a domino effect of tempo weaving and emotion that results in a modern day rarity — an album meant to be listened to in its entirety.

If that doesn't rank Buffalo Tom a spot among modern music megastars, then they, as with any artist with any

The self-titled rookie release by Foo Fighters is possibly the most significant post-grunge CD to be released. Bold words, I know, but *Foo Fighters* should garner as much attention as Soundgarden's *Superunknown*.

### CD REVIEW

by Dave Bullard

*Foo Fighters* works on several levels, and is far from simplistic. *Foo Fighters* effectively incorporates tricks used by many successful bands today. People should be warned and not expect *Foo Fighters* to be like the latest release by that really big band that ushered in the grunge era.

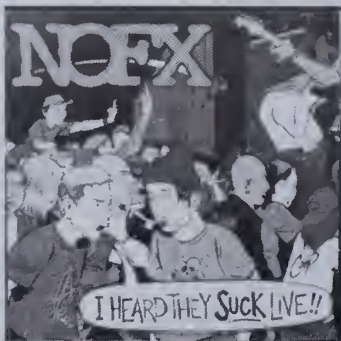
First of all, the songs on *Foo Fighters*, like *This Is A Call*, are short and to the point. In no way do the songs on *Foo Fighters* wane and lose listener's attention. Dave Grohl's mastery of today's form of power pop is evident.

integrity, would probably prefer obscurity.

### CD REVIEW

by Natalie Secretan

You know a band has guts when they label their CD, *I Heard They Suck Live!!*



NOFX  
I Heard They Suck Live!!  
(Cargo Records)

But, there is meaning behind this

Songs like *Be Me* and *Floaty* have a laid back pop appeal, almost reminiscent of the Lemonheads. The songs though, have their own distinct feel, unlike the songs of the Lemonheads et al.

The Foo Fighters utilize the style of slow verses and fast choruses like other successful bands, such as Live. Just like Live, *Foo Fighters'* style does not sound repetitive, even though it is used in several songs. This might become the new style of bands to come.

Song writing definitely helps to elevate *Foo Fighters'* appeal, because they do not follow the path of other bands who explore over-exposed topics such as teenage angst and depression. Too many bands do that; there is no need for any more.

misleading title:

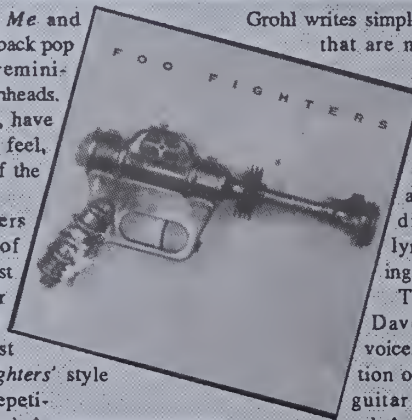
NOFX were sick of the bootleg CDs floating around, "not only that, but those fuckers are making shitloads of money while making us sound shitty" [Fat Guy]. So they rented a \$3000/day mobile unit and recorded *I Heard They Suck Live*.

NOFX is a veteran punk rock band who have been around for 11 years.

*I Heard They Suck Live!!* comes complete with all the vulgarities of true punk rock: "Every time I jack off before the fucking show, I always fuck up", El Hefe - guitars, vocals and trumpet (horn, that is).

In destructible, demolition style, where it is cool to snort white stuff up your nose and where audiences must yell, "Fuck you, you poser", NOFX drives through 16 songs (with 3 hidden tracks) featuring the syncopated punk rhythm of songs like *Linoleum* and rude reggae-cum-SKA songs, like *Kill All The White Man*.

If you are into the vulgar crudites of the punk rock era and you can flip the bird, belch and fart to the beat, and your favourite adjective is fuck, then *I Heard They Suck Live!!* is for you.

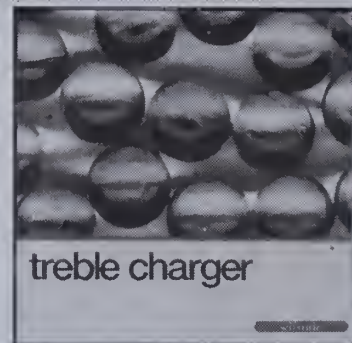


Foo Fighters  
Foo Fighters  
(Capitol)

Grohl writes simple pop songs that are meant to be fun, not songs that provoke the listener to peel away at the song to discover its lyrical meaning.

The range of Dave Grohl's voice, the utilization of vocal and guitar distortion, and the previously mentioned use of musical style all help to make *Foo Fighters* more than just another CD. Each song has an individual character of its own, which is rare in a day where bands use the same style for every song or try to sound like other bands.

On the basis of this release, Foo Fighters could become the benchmark of new bands to come.



Treble Charger  
Self=Titled  
(Smokin' Worm/Sonic Unyon)

With the success of Treble Charger's *Red*, fans everywhere will be anxiously awaiting their new CD, *Self=Titled*. Will TC be able to repeat the smash hit, lasting power of *Red*? *Even Grable*, the third track on *Self=Titled* comes close.

Resisting offers from Sony, A&M and Virgin after their \$25,000 prize from CFNY, TC has been placed in

the realm of respect and freedom, and have steered away from a "produced" sound.

The first track on *Self=Titled* is a CD-ROM track consisting of three sections: firstly, a segment with 35 bands from across Canada; secondly, a music video and live footage; and finally — Greg Nori's favourite — a fanzine section (whatever the hell that is?), and an interactive "Ratboy" comic. Sounds like lots of fun. Nori, a graduate from the Technology Design Centre, is a bit of an adept techno-wiz.

TC have maintained the distinct wah-wah/fuzz box guitar sound, an identifiable Treble Charger trademark, but *Self=Titled* monopolizes on this effect maybe a little too much. They rocked *Edgefest 2* this year, but they lack a certain diversity in their musical arrangement and vocal quality. What TC needs is more songs like *Red* to achieve fan-grab appeal.

My feeling is Treble Charger is still working on getting it together. Being an indie band, Canadians will have the privilege of being able to sit back and watch this band evolve.

You know you're getting on in life when the music you grew up with comes around for a second time: Punk Rock!!

Yes, it is like a trip down memory lane, where razor blades, the pogo, and neon hair were cool. Food colouring used to work just as well - but once you started to sweat - rocky horror.

I would leave my house clad in semi-normal duds and change into my punk clothes on the train. I'd plug in my nose ring, remove my hat to reveal pink, crimped locks, and apply blue lipstick and lots of thick black eyeliner. All ready for a night out at the local pub in Reading.

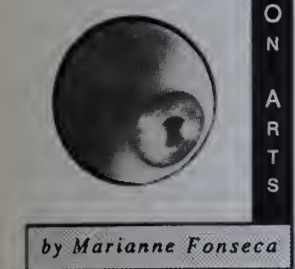
Ahh, those were the days. If you were not a regular at our pub, you got the shit kicked out of you just for entering through the front door. Those were the nights where kids wished they hadn't chained their nose-rings to their earlobes — ouch — what a bloody mess.

Rancid has captured the punk era sound, and added a 90s flare to



# Incestuous siblings in love folly taboo

**F**ool For Love, the most recent production by well-known playwright, author, screenwriter and actor Sam Shepard, opened on Friday, July 7 at the Solar Stage theatre in North York.



by Marianne Fonseca

Set in a small motel room in the Mojave Desert, *Fool For Love* exemplifies Shepard's style of steamy, tantalizing storylines and plot twists.

An intricate plot revolves around the bitter love/hate love affair between Eddie and May, two young lovers who happen to share the same father.

In the role of Eddie and May's old father, Bramble, sits silently at the corner of the stage, and watches the sinful actions of his only two children from his rocking chair.

Adam Bramble, a Toronto actor, has appeared in a long line of productions, such as *Golgo, Saved, Line* (Acme Theatre), *Run for Your Wife* (Theatre on the Grand), *My Fair Lady* (Sunshine Festival), and *Move Over Mrs. Markham, It Runs in the Family, and Jamboree!* (Drayton Festival).

Glen Peloso plays Eddie, an eager dreamer determined to have May despite their sour relationship and the shame that they endure being together.

Peloso has acted for eight years, and

worked in roles such as Cinna in *Julius Caesar*, Paul in *Barefoot in the Park*, The drunkard in *The Drunkard*, and Cleomenes in *The Winter's Tale*.

Peloso has appeared on the popular television programs *E.N.G.* and *The Road To Avonlea*. He recently appeared in *The Composers Series*, which was shot in the Czech Republic.

Mary Moore enthusiastically plays mixed up, resentful young May.

Moore is a graduate student of York's Masters of Fine Arts Programme, as well as Drama and Theatre Arts at the University of Waterloo. Her previous stage roles include Mary in *Vanities*, Viola in *Twelfth Night*, and Diana in *Anne of Green Gables*.

Ian Collet plays Martin, an innocent date who shows up at May's motel room at the wrong time. This is

Collet's first professional role outside studio productions in both Toronto and Vancouver.

As Martin, Collet is delightful. He adds humour and energy to the stage during some very intense moments.

Director Miriam Lawrence's previous credits include the sold-out production of *Birdbath* at the Toronto Fringe, *A Dream Play* at Seneca College Studio Theatre, *World of Color* at Mel Lastman square, and *Fool For Love* at York University.

Lawrence has coached actors for CBC's *Street Legal*, ABC's *Alex: The Life of a Child*, as well as Don Shebib's *Change of Heart*. Lawrence has conducted acting classes for professional actors for ten years.

The chemistry between the actors was obvious and especially strong between Eddie and Martin at the

moment they meet in May's motel room. This is the first time Martin, May's date for the evening, is told that Eddie is May's cousin.

During an intense scene between Martin and Eddie, Martin tries to make conversation with Eddie, and hilariously eases the tension with comedy, while Eddie takes advantage of Martin's nervous temperament. All the while, May takes her time in the bathroom getting ready to see a movie.

Peloso and Moore create real sparks as Eddie and May, from the heated arguments to the passionate love scenes that inevitably follow.

*Fool for Love* is an exciting love story. Performed in an intimate stage setting, *Fool for Love* is tailored for those fun-loving, risk-takers with a sense of humour.

## Holy Fighting Foo Foo



**F**oo Fighters filled the Phoenix with more than just a large crowd; they put together a kick-ass show with a sound larger than life, and a vibe that shook the Phoenix by the rafters.

That night was electrifyingly intimate. Little Foo was on crowd control and I saw her again later on serving drinks. The crowd met Foo Fighters and Shudder To Think with a mind-warp blur of mosh-crowd madness.

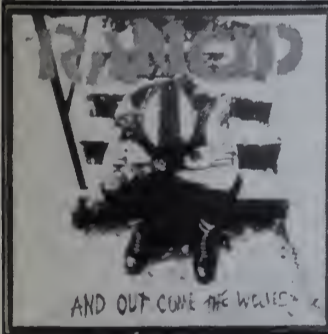
An all-ages show, with parents waiting outside to pick up their little darlings at the end of the night, youth-whelps of joy could be heard, "Did yer see my stage dive? Haugh-ho Mmmmmann!" The Tao mental brainwave overload was electrifying — positively a King Lear rain storm amidst injury-inclined stage dives.

Short 3-minute songs packed with power-chord punch and rolling drum-zoundsz — a 14" floor tom mantled as a tom — BOOM!erific.

Grohl has a style that oozes mileage and riff-control; a guitar man, circa 1976 New York Punk Era, who toured with Nirvana; a bass player with jazz-like body grooves; and a grunge growling Grohler on drums.

If you missed Foo Fighters this time — be warned — next time they will be a much larger bill. Ed.

...cont'd from page 8...



**Rancid**  
...And Out Come The Wolves  
(Cargo Records)

produce a style something like Green Day meets the Sex Pistols in a dark alley, with songs like, *Listed M.I.A.* They add this punk rock style with SKA songs like, *Time Bomb*.

This sound is unusual for a punk band, for in the late 70s, you were either punk or SKA, but not usually both simultaneously. For *Rancid*, this mixture works and adds to the flavour of their album.

...*And Out Come The Wolves* depicts the roots of the punk era —down-and-out, on skid-row type of songs — but not too many anarchistic messages here. *Rancid* do not wallow in a deluge of "I hate life" song structure, but remain energetic and positive in a 90s style that will bring them to the forefront of the music scene, following the likes of Green Day.

## Dancing Alanis hits No. 1

**T**he current career revitalization of Alanis Morissette and her new CD *Jagged Little Pill*, is no less than a miracle.

### INSIGHT

by  
Dave Bullard

What makes the whole situation so intriguing is the fact that Alanis sings about sex, in a manner that would make just about anybody blush, "Would she go down on you in the theatre?" — *You Oughta Know*.

Several years ago Alanis, as she

was known back then, was basically the only Canadian dance artist around. Alanis' songs had simple beats and lyrics with little depth. What helped Alanis' musical career at the time? She could dance, as shown in her videos.

For several years, Alanis disappeared from the music scene, but she has recently resurfaced.

How did Alanis go from being a nobody in the music industry to number one in Canada and the United States? The answer is marketing.

Alanis' *Jagged Little Pill* is signed to Madonna's Maverick label, which means a major marketing push.

Alanis' musical style is also a plus because of the present popularity for female musicians and female-fronted bands in modern rock today. The success of Tori Amos, Elastica, and the Cranberries cannot go unnoticed.

Alanis' music fits into a variety of radio station formats, which means a wide demographic spread.

The whole situation is rather amazing, because with proper marketing Alanis has done the unthinkable — she's number one in North America.

With such a comeback, it is probable that other acts with little musical talent will become the "in" thing.

## Kombative video kiddies' movie

**C**an you think of a better concept than taking a video game and making it into a major motion picture? I can.

### MOVIE REVIEW

by  
Rob Scriban

How about writing a movie script with a real plot with a cast of actors and actresses that can actually act.

This concept probably wouldn't sell too many tickets at the box office and it would bore me and millions of other video game addicts to death.

.....  
times and bound in frankenstein-like bondage face wear, is resurrected by his one-time homo-sexual, S&M lover.

Not only is *Lord of Illusions* sick and disturbing, but it also does not make a whole lot of sense. Barker introduces many sub-plots that never develop or get explained. For example, Scott Bakula's (who plays a detective) vampire-like flashback. Where does this come from and what has it got to do with Nyx?

Swann, Nyx's rival and apprentice, masquerades around as a magician,

Let's face it, when the special effects are good and the martial arts are better, \$8.50 seems worth it. Besides, most of the members of the audience are people who have plopped about fifty bucks into the video game, so regardless of the acting and the plot, they're gonna enjoy this movie as much as they enjoyed *The Terminator*.

In the first weekend *Mortal Kombat* grossed 23 million dollars, and it is escalating.

With a cast of nobodys (except for Christopher Lambert —NOT!), *Mortal Kombat* manages to excite even the most docile of individuals into whooping and cheering. Cheesy

.....  
when he really possesses extreme power, like vomiting fire and levitating cars.

Bakula's side-kick, Swann's wife, prances around in see-through chiffon (no, she is not wearing underwear) in

lines mix with cheesier music to create the cheesiest, but strangely compelling, mixture of mindless violence and pointless special effects.

Lucky for us, *Mortal Kombat's* mindlessness is cool to watch. And there's a bonus, the plot isn't meant to tax our faculties. Think of *Enter the Dragon* laced with *Highlander*, with a touch of the *Mighty Morphin Power Rangers*, capped off with a "not suitable for children disclaimer" — now you've got *Mortal Kombat*.

What could be better for a testosterone-filled pubescent youth (or just about any man [HEY — WHAT ABOUT US WOMEN? — Ed.]?)

.....  
an attempt to help her two men defeat her avenger — Nyx.

Well, I think you get the picture. Barker has not used much imagination in putting together what could have been a goosey-flesh, skeery flick.

### MOVIE REVIEW

**Lord of Illusions**  
by  
Natalie Secretan

**C**an you say yeuggghh? It is much easier to create a splatter-punk movie than a classic spine-chiller, and this is just exactly what Clive Barker has done with *Lord of Illusions*.

With the monster as a man who wants to be a god, something like a pagan, merciless god or a cyclops, who heralds a cult of cannibalistic weirdos, who chop off pieces of their own scalp for appetizers, the horror in *Lord of Illusions* is grotesque and somewhat meaningless.

Nyx (the monster and [FYI] the name of the Greek god of darkness or night), after having been shot several

The Drama Club of Erindale and Erindale Studio Theatre present:

## PUMP BOYS AND DINETTIES

A country / folk musical revue

by John Foley Mark Hardwick Debra Monk Cass Morgan John Schimmel and Jim Wann

September 21-23 and 28-30, 8:00pm

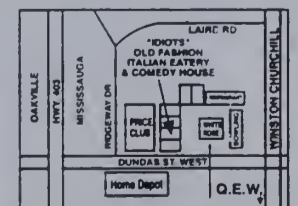
Erindale Studio Theatre

Tickets \$5 students, \$7 adults Box Office 569-4369

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## SPORTS

## Olympic festival comes to Erindale

Second annual Ontario Olympic Youth Festival takes place at Erindale

by Matt Murray

This past summer Erindale hosted the second annual Ontario Olympic Youth Festival. This annual event brings together representatives from various high schools from across Ontario.

These students get the opportunity to learn from Olympic athletes. Once this three day seminar is over, the students go back to their respective high schools where they will give presentations on what they learned here.

The festivities began with an opening ceremony, resembling a traditional opening of the Olympic games.

The Youth Festival's opening ceremony also included an elaborate banquet catered by our very own Beaver Foods and held at the Faculty Club. The food was good and plentiful, even Antonio Krastev (our two time world champion weight lifter) got enough to eat. However, the ceremony involved more than just good food.

The banquet began with several short, introductory speeches by the founders of the festival, and then an introduction of all the Ontario high school participants. However the *piece de resistance* was when Gordon Graydon Secondary School student, Anna Kacsarczyk, entered from the kitchen, carrying the Olympic torch. The excitement didn't stop there.



This year's high school delegates and their volunteer counselors take the time to pose for a picture on our bridge.

photo by Jamie Tyndall

The participants and guests attending the ceremony were treated to a speech from Canada's own Elfi Schlegel. Schlegel is a gymnast who won two good medals in the Pan Am Games just prior to the Olympics and was on her way to

competing in the 1980 Olympics in Moscow. Due to the Soviet Union's invasion of Afghanistan, both Canada and the United States chose to boycott the games.

Schlegel treated the audience to many stories,

not only about her gymnastics career but about her NBC broadcasting career too. Schlegel shared her struggles and successes. She stressed on how important it is, "not to be afraid to dream, and to always follow your dreams through."

Teaching students by sharing experiences is what the Ontario Olympic Youth Festival program is based on, and it has proven to be a very successful method of getting through to the teens.

Founded in Toronto in 1993, The Ontario Olympic Academy is an organization comprised of individuals dedicated to the promotion of the values of Olympianism: mass participation, sport as education, fair play, cultural understanding, international understanding, and the pursuit of excellence.

Each of the members of the Ontario Olympic Academy steering committee has graduated from a residential workshop on the prospects and problems of the Olympic movement.

Out of this workshop emerged the idea to develop educational opportunities for Ontario residents based on the ideals of the Olympic movement. Thus, the first Olympic Youth Festival was held last year in St. Catharines, Ontario.

The success of the program has spawned the 1995 Festival, and with continued good planning it will continue for many more years.

## A comprehensive look into ECARA's facilities

## ECARA WATCH

by Anita Kolodziej

Erindale Campus may not be located in downtown Toronto, and it may be found in a park-like environment where you see deer once in a while, but this does not mean that Erindale has anything less to offer to students. We, at Erindale, are proud to be the only college to have deer on our Campus. Actually, Erindale offers more to students than any other campus at the University of Toronto.

ECARA offers a lot of facilities to Erindale students. Indoor and outdoor facilities and a multitude of sports, ranging from recreational and intramural to inter faculty and varsity are available to us.

The best thing about all of these facilities and activities is that they are free for all Erindale students. Fees are covered by part-time and full-time Erindale students' incidental fees and Erindale students only pay a one time orientation fee of ten dollars unless you want to use the free weights which cost a little extra. Additional services, such as locker or towel service, can be purchased for a small fee.

The indoor facilities include an air conditioned gym, a dance studio, a recreation room with a billiard table, darts and table tennis and three North American-size squash courts. There is also a fitness room with practically every possible type of equipment.

They have stationary bikes, rowing machines, "stair masters" and free-weights. There are also large change-rooms with lockers, showers and saunas.

This past summer ECARA has been actively pursuing ways in which they can improve their facilities. This effort has produced two new stair masters, at a price of \$9,000 dollars a

piece. It may sound expensive, but as Peter Baxter said, "if I'm going to buy equipment I want to make sure it lasts for many years."

Erindale's outdoor facilities include four flood-lit tennis courts, two unlit tennis courts, two multi-purpose sport fields and two sand-filled beach volleyball courts. We also have the use of a 10 meter swimming pool during the summer months, located behind Coleman place.

Erindale also has the University of Toronto's only baseball diamond. In the past, this baseball diamond could only be used during the day. However, with the recent addition of the flood-lights, our baseball diamond and tennis courts are open everyday until 11pm.

This membership that we receive does not only include the use of the facilities and activities but it also includes the use of nearly all of the equipment needed for nearly every sport you can play here.

These items can be obtained from the Den, but there is a fee to borrow some of the equipment, such as racquets, towels and clothing items, but soccer balls, volley balls, bats, balls and bases can be used free of charge.

As you can see, Erindale has a lot to offer to its students, but few Erindale students know exactly what their incidental fees cover. In fact, 52% of your incidental fees go to ECARA. So we might as well get our money's worth and have fun.

For those who want to get involved in these events, activities, facilities or sports, contact the ECARA office and find out how you can become an ECARA player, commissioner, official or students leader. The more involved you get, the more you'll be getting out of your University experience.

## Erindale's summer sports shorts

All of the summer sports news that you may have missed

Staff Writer

This past summer has been very busy for the ECARA staff and, although there isn't always enough information to form full size stories, these events should not be overlooked. It is for this reason that *The Medium* brings you SPORTS SHORTS.

## NEW HANDBOOK FOR NEW STUDENTS

For the first time ever, ECARA has put together a handbook for all Erindale students. This handbook, available in frosh kits and at the ECARA office, explains all of ECARA's rules and regulations.

Also found in this book are a list of the instructional courses that ECARA offers and instructions on how to use ECARA facilities like *the DEN*. So pick up your copy today!

## FROSH OLYMPICS PROMISE TO BE AS WILD AS EVER

Once again, ECARA will sponsor the wild and zany Frosh Olympics on September 7th. This slightly off the wall extravaganza will include events such as Blind Beach Volleyball, Dunk the Leaders, and Waterballoon Launch.

However, the best part of the event is that it is FREE to all first year students (A.K.A. FROSH). So start your first year off right. *Get in the game.*

## SPECIAL OLYMPIANS WILL BE SHARING ERINDALE FACILITIES

On a slightly more sober note, Erindale's Antonio Krastev will teach Special Olympians the finer points of weight lifting. Erindale's world class

facilities and Krastev's good nature have been the perfect match when it comes to capturing the hearts of the organizers of the Special Olympics. Krastev will teach and train Olympians in both the dead lift and the bench press. There is even a good chance that Erindale might host a Special Olympics competition one day.

## NEW YEAR BRINGS NEW ATHLETIC PROGRAMS

ECARA has also come up with some new ideas for programs to be offered, this year with regards to the programs that they will be offering.

One suggestion is to have dog sled races during the winter time. Although this might sound like a wild idea, it is under serious consideration.

As Peter Baxter said, "By holding an event like this, we would be playing to our foreign students' stereotypical views of Canada. But that's not to say it wouldn't be fun."

One event that will happen this winter is the snowshoe race. Other new ECARA programs and events are new jazz and ballet classes to go along with their already popular aerobic classes.

## ECARA INTRODUCES THEIR NEW 'REC DAY'

Last year the one complaint that students had the most regarding ECARA was the fact that there wasn't enough recreation time. Students did not want or have the time to join an inter-faculty or intramural sport but, they still want to play the occasional game.

To accommodate these students ECARA has come up with an innovated idea. From now on every Friday will be considered "REC DAY". This day will involve a multitude of "pick up" games involving various sports such as: soccer, volleyball, basketball, badminton, and archery.

The "REC DAY" will commence at 11 am and go until 8 pm; the sports will change approximately every hour. So if you want the competition offered by an organized league or if you just want a friendly game, ECARA has a program for you.

So take the time to get involved in one of ECARA's many activities, programs or leagues.

You have already paid for these programs, so why not use them. ECARA can only be successful if students take a risk and get involved. Remember, ECARA is a terrible thing to waste.

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# Canadian record broken at Erindale

## Erindale College hosts the Mississauga Weight-Lifting Championships

by Johnathan Tuddle

On Sunday August 27th, Erindale College's athletic department hosted the Mississauga Weight-Lifting Championships. This event came less than twenty-four hours after Erindale played host to the 1995 north American, Central American and Caribbean Islands Championships for women (please refer to cover story).

Compared to the international championships, attendance for this event was very low. However the participating athletes displayed remarkable strength, concentration and determination.

Lifters from Ontario, Quebec and Buffalo came to Erindale Campus for the Mississauga Weight-lifting Championships, which is usually held at Ontario Place during the Canadian National Exhibition.

This year, Erindale hosted the event because of the world-wide exposure that Erindale received for hosting the

NACACI.

Usually this championship is quiet and fairly uneventful. Local talent is displayed to an audience which consists of mostly the athletes families.

This year's competition was different. Peter Maras, from Kingston, Ontario, began lifting in the 108+ kg weight class, the heaviest weight class in this competition.

In the first, event called the 'snatch', Maras amazed everyone by beating everyone with his first lift of 120 kg. What surprised the audience even more was that Maras declined to take his next two lifts.

This confusion diffused when Maras' turn for the 'clean and jerk' came. For his first 'clean and jerk' lift, Maras attempted 180.5 kg (or 397 lb), which would set a new Canadian record.

In the clean portion of the lift Maras looked very good but, as he attempted the 'jerk' of the lift, he began to wobble. Dead silence fell over the crowd.

Maras managed to re-gained control of the weight and completed a successful lift.

The audience knew they had witnessed something special. Maras' shout of joy confirmed this notion. However the excitement didn't end there. A rumor that Maras would attempt to break the world record. Maras' effort was valiant but unfortunately, he failed to successfully lift the 182.5 kg weight. The fatigue of breaking the Canadian Record was evident in Maras' second lift. This caused him to decline a third and final attempt.

For those not familiar with weight-lifting terms, there are two events; the 'snatch' and the 'clean and jerk'.

The 'snatch' involves one fluid motion where the bar goes from the floor directly above the lifter's head. This lift is considered to be more difficult than the 'clean and jerk'.

The 'clean and jerk' has two parts. The first being the 'clean'. This



photo by Jamie Tyndall

Jean Lavertue struggles to maintain control of the bar for the judges

involves the lifter bringing the bar from the floor to his/her shoulder. The second part of the lift, the 'jerk', requires the lifter to jerk the bar over their head.

over the weight-lifter's head, they must hold it there to demonstrate control.

It is the combination of strength and skill in weight-lifting that evokes not only our curiosity, but our respect.

In both kinds of lifts, once the bar is

# The trials and tribulations of a novice rower at Erindale College

The clock-radio reads 4:00 am. You roll over to slap the snooze button, vaguely wondering what in the world you're doing waking up so early. Then you remember. Today is the first rowing practice of the season! With the great excitement, you jump out of

about rowing, just to get us to join. He was very persuasive and managed to convince most of our group to come out to practice. Little did we know how true his claims about the greatness of the sport really were.

Making a full commitment to rowing is not an easy task. Glamorous as it seemed from the tales we heard from our frosh leader, we soon learned the realities of practice: early mornings, nearly non-existent night life, rigorous training and really hard work. However, the quiet beauty of the early morning, the pristine stillness of the water, and the strength of crew ties were no glamorizations; they were real.

For those at Erindale interested in joining crew, the first step is to participate in the college's novice program. Any student can join and must pay a fee to row competitively (fee details are discussed at the rowing meeting in September). Before even stepping into a boat, novice rowers are taught proper oar motions in the tank, which is a mock of a boat where four people at a time work on techniques at a stationary position. It is only after a few days of physical training and work in the tank that the novice first has the opportunity to sit in the boat. The novice crew is usually one of eight, sometimes having a few members switching off in the middle of a practice to give everyone a chance to row. Climbing between coach and row boats in the

middle of the water is certainly an interesting experience!

There are so many cool experiences to be had during your first season as a rower. One of the most memorable, of course, is forging a bond with your crew, a bond that extends beyond working in sync to move the boat, a bond that so often becomes a lasting friendship. Some of the people I've met through crew are now very good friends of mine, friends who share a passion for a great sport. If you're a frosh, rowing is one of the best ways to make new friends and get into the school spirit.

Rowing is a sport that can only work if everyone belongs; the right chemistry makes for a quicker, stronger boat. This translates into success at competition time. Every crew person is important. It's a great way to feel like a part of the Erindale spirit, especially if you're new to the college.

Whether you join crew because you want to get physically fit or you want to make new friends, whatever your reason, you'll become part of a proud tradition at Erindale College. Come out to a few practices. Try it out and I can guarantee you'll catch the rowing bug and see just how truly satisfying rowing can be.

The first meeting is on September 12. Check the ECARA board for further details regarding the time and location of the first meeting.



photo by Val Plavan

## ARGO'S COME TO ERINDALE

In case you were wondering, those big bulky men hanging around our weight room and practicing on our football field aren't Erindale's new frosh students. They are members of the Toronto Argonauts. Members of our fine Canadian Football League were using our facilities during the weekend of the American Bowl, August 18-20, which was held at the Sky Dome.

During their stay at Erindale Peter Baxter had a chance to talk to the Argo's coach Bob O'Billovich. O'Billovich mentioned how impressed he was with Erindale's facilities; if Erindale's residences were air conditioned, Erindale would likely host the Argo's summer camp.

Currently, the Toronto Argonauts summer training camp is in Guelph. The distance from their home town fans is just one of many reasons that the Argo's popularity has quickly diminished. Maybe one day the CFL will get their act together, and remember that the fans are the ones who ultimately control the game.

## THE COX BOX

by Kalyna Bobyk

bed, wash up have a (bland) breakfast, and head off to the rowing club.

Arriving at the club, you join the group of others like yourself, the novice rowers. As the coaches introduce themselves, everyone's attention shifts to the river where a lone sculler glides ever so quietly and gracefully across the still water. Staring with awe, our coach tells us that someday, we'll be like that rower.

This was my first experience as a novice rower, and likely the first experience of many novice rowers. It was at that moment that I decided I was going to be like that rower someday! From then on, the sport became a passion of mine.

There are many reason why people decide to try out for crew. In my case, I was practically bombarded with urges to join the crew while I was participating in the activities of frosh week. My frosh leader, especially, had a tendency to talk and talk and talk

# Roll It



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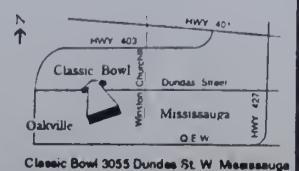
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# ECARA

ERINDALE COLLEGE  
ATHLETICS AND  
RECREATION  
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## ECARA ELECTIONS 1995-96

NOMINATIONS OPEN  
WEDNESDAY, SEPTEMBER 6TH, 1995

POSITIONS AVAILABLE- 10 Positions

PRESIDENT  
VICE-PRESIDENT FINANCE  
VICE-PRESIDENT ADMINISTRATION  
MEN'S INTRAMURAL REP  
WOMEN'S INTRAMURAL REP  
MEN'S INTERFACULTY REP  
WOMEN'S INTERFACULTY REP  
CO-ED INTRAMURAL REP  
CO-ED INTERFACULTY REP  
SPECIAL PROJECTS AND PROMOTIONS

Nomination forms available from the Department of Athletics Office and ECARA Office rooms 1114 and 1114A, South Building

NOMINATIONS CLOSE TUESDAY, SEPTEMBER 19, 1995 4:00PM

For further info contact Mr. Alex Vaccarri, Chief Returning Officer,  
ECARA ELECTIONS 1995-96 by calling 828-5321 and leaving message.



ERINDALE NOW HAS LIGHTS ON THE  
BALL DIAMOND

Join us *Wednesday, September 13<sup>th</sup>*  
At the ESCU, EPUS, ECARA Corn Roast  
to officially open night-time softball

### Interfaculty Teams

Play for Erindale against other U of T Colleges

SPORT	DIVISION	LENGTH OF SEASON
TOUCH FOOTBALL	MEN'S	Sept. 18/95 - Nov. 24/95
SOCCER	MEN'S	Sept. 18/95 - Nov. 24/95
FIELD HOCKEY	WOMEN'S	Sept. 18/95 - Nov. 17/95
TOUCH FOOTBALL	WOMEN'S	Sept. 18/95 - Nov. 17/95
SOCCER	WOMEN'S	Sept. 18/95 - Nov. 24/95
RUGBY	MEN'S	Sept. 18/95 - Nov. 17/95
LACROSSE	MEN'S	Sept. 18/95 - Nov. 24/95
BASKETBALL (DIV. 1)	WOMEN'S	Oct. 10/95 - March 15/96
BASKETBALL (DIV. 2) Fall term	WOMEN'S	Oct. 10/95 - Dec. 1/95
BASKETBALL (DIV. 1)	MEN'S	Oct. 10/95 - March 15/96
BASKETBALL (DIV. 2) Fall term	MEN'S	Oct. 10/95 - Dec. 1/95
BASKETBALL (DIV. 3) Fall term	MEN'S	Oct. 10/95 - Dec. 1/95
VOLLEYBALL (DIV. 1)	MEN'S	Oct. 10/95 - March 15/96
VOLLEYBALL (DIV. 2) Fall term	MEN'S	Oct. 10/95 - Dec. 1/95
VOLLEYBALL (DIV. 3) Fall term	MEN'S	Oct. 10/95 - Dec. 1/95
ICE HOCKEY (DIV. 1)	WOMEN'S	Oct. 16/95 - March 15/96
ICE HOCKEY (DIV. 1)	MEN'S	Oct. 16/95 - March 15/96
ICE HOCKEY (DIV. 2) Fall term	MEN'S	Oct. 16/95 - Dec. 1/95
ICE HOCKEY (DIV. 3) Fall term	MEN'S	Oct. 16/95 - Dec. 1/95
INDOOR SOCCER	WOMEN'S	Jan. 15/96 - March 15/96
INDOOR SOCCER	MEN'S	Jan. 15/96 - March 15/96
BASKETBALL	COED	Jan. 18/96 - March 15/96
BASKETBALL (DIV. 2) Winter term	MEN'S	Jan. 15/96 - March 15/96
BASKETBALL (DIV. 3) Winter term	MEN'S	Jan. 15/96 - March 15/96
VOLLEYBALL	COED	Jan. 15/96 - March 15/96
VOLLEYBALL (DIV. 2) Winter term	WOMEN'S	Jan. 15/96 - March 15/96
4 ON 4 VOLLEYBALL	MEN'S	Jan. 15/96 - March 15/96
ICE HOCKEY (DIV. 2) Winter term	MEN'S	Jan. 15/96 - March 15/96
ICE HOCKEY (DIV. 3) Winter term	MEN'S	Jan. 15/96 - March 15/96
INNERTUBE WATERPOLO	COED	Jan. 22/96 - March 15/96

### Interfaculty Tournaments:

SPORT	DIVISION	ENTRY DEADLINE	TOURNAMENT DATE
SOFTBALL	MEN'S	Monday September 18/95	Sunday September 24/95
ULTIMATE FRISBEE	COED	Thursday September 21/95	Sunday October 1/95
SOFTBALL	COED	Wednesday October 11/95	Sunday October 22/95
TENNIS SINGLES	MEN'S & WOMEN'S	Friday October 13/95	Fri Oct 27/95 & Sat Oct. 28/95
TENNIS DOUBLES	COED	Friday October 27/95	Saturday November 11/95
BALL HOCKEY	MEN'S	Friday January 19/96	Saturday February 3/96
TENNIS DOUBLES	MEN'S & WOMEN'S	Friday January 26/96	Fri Feb 9/96 & Sat Feb. 10/96
BROOMBALL	COED	Tuesday February 13/96	Sunday March 13/96
TENNIS DOUBLES	COED	Tuesday February 27/96	Saturday March 9/96

The following Intramural Programme has been set for the 1995/96 school term:  
Intramural Leagues:

SPORT	DIVISION	PLAYING REGULATIONS	ENTRY DEADLINE	START DATE	DEFAULT BOND REQUIRED
BASKETBALL	MEN'S COED	5 on 5 full-court 3 men and 2 women on the court	Sept. 28/95 Jan. 18/96	Oct. 2/95 Jan. 22/95	\$ 20.00 \$ 20.00
VOLLEYBALL	MEN'S WOMEN'S COED	6 players on the court 6 players on the court 3 men and 3 women on the court	Sept. 28/95 Jan. 24/96 Jan. 25/96	Oct. 4/95 Jan. 31/96 Feb. 1/96	\$ 20.00 \$ 20.00 \$ 20.00
INDOOR SOCCER	MEN'S WOMEN'S COED	4 players and 1 goalie 4 players and 1 goalie 2 men and 2 women and 1 goalie	Sept. 27/95 Sept. 27/95 Jan. 23/95	Oct. 2/95 Oct. 2/95 Jan. 29/95	\$ 20.00 \$ 20.00 \$ 20.00
TOUCH FOOTBALL	MEN'S COED	7 players on the field 7 players. 2 women and 5 men	Sept. 25/95 Sept. 26/95	Oct. 2/95 Oct. 2/95	\$ 20.00 \$ 20.00
SOFTBALL	MEN'S COED	10 players on the field 10 players 3 women minimum	Sept. 26/95 Sept. 25/95	Oct. 3/95 Oct. 3/95	\$ 20.00 \$ 20.00
BALL HOCKEY	MEN'S WOMEN'S	4 players and 1 goalie 4 players and 1 goalie	Nov. 21/95 Nov. 23/95	Jan. 9/95 Jan. 9/95	\$ 40.00 \$ 20.00

### Intramural Tournaments:

SPORT	DIVISION	PLAYING REGULATIONS	ENTRY DEADLINE	START DATE	DEFAULT BOND REQUIRED
BEACH VOLLEYBALL	MEN'S WOMEN'S COED	4 on 4 beach volleyball 4 on 4 beach volleyball 4 on 4 2 men and 2 women	Sept. 20/95 Sept. 20/95 Sept. 20/95	Sept. 23-24/95 Sept. 23-24/95 Sept. 23-24/95	\$ 20.00 \$ 20.00 \$ 20.00
TENNIS	MEN'S WOMEN'S COED	singles intermediate, advanced singles intermediate advanced Coed doubles, open	Sept. 22/95 Sept. 22/95 Sept. 22/95	Sept. 29-30/95 Sept. 29-30/95 Sept. 29-30/95	\$ 20.00 \$ 20.00 \$ 20.00
SOFTBALL	COED	10 players 3 women minimum	Sept. 26/95	Oct. 2/95 11am	\$ 20.00
BALL HOCKEY	COED	2 men and 2 women and 1 goalie (only 12 teams will be accepted, by draw if necessary)	Oct. 25/95	Oct. 29/95 9 a.m. - 9 p.m.	\$ 40.00
COED INDOOR CHALLENGE	COED	3 sport challenge v-ball, b-ball & indoor soccer 2 women min	Oct. 26/95	Nov. 1/95 9 a.m. - 5 p.m.	\$ 20.00
ARCHERY (Fall)	MEN'S WOMEN'S	novice, intermediate, advanced novice, intermediate, advanced	Nov. 3/95 Nov. 3/95	Nov. 10/95 Nov. 10/95	\$ 20.00 \$ 20.00
BADMINTON	WOMEN'S COED MEN'S	women's singles and doubles Coed doubles men's singles and doubles	Nov. 10/95 Nov. 10/95 Nov. 17/95	Nov. 17/95 Nov. 17/95 Nov. 24/95	\$ 20.00 \$ 20.00 \$ 20.00

**DON'T BE A SPECTATOR...GET IN THE GAME!**